

DANCE: AA DEGREE

This degree provides a comprehensive foundation in Dance. The Associate of Arts (AA) degree in Dance will provide knowledge and skills that can be applied to a variety of educational and vocational pathways.

Career Opportunities

Preparing students for CSU/UC, independent, and/or out-of-state four year institutions with Dance programs. Preparation for performance, pedagogy, choreography, or transfer.

Program Learning Outcomes

1. Perform dance technique from at least three genres.
2. Demonstrate an understanding of the terminology of dance genres.
3. Discuss the historical or cultural contribution of dance for society and self.
4. Demonstrate understanding of basic bio-mechanics as applied to dance technique.

Degree Requirements

Code	Title	Units
Required Core Courses (10-11.5 units)		
DANS-134 or DANS-134B	Ballet Level I Ballet II	1-1.5
DANS-136 or DANS-136B or DANS-130	Jazz Dance I Jazz Dance II Broadway Dance	1-1.5
DANS-138 or DANS-138B or DANS-129	Modern Dance Level I Modern Dance II Contemporary Dance	1-1.5
DANS-140 or DANS-140C	Dance Production Repertory Dance Company	1
DANS-141	Dance Production - B	1
DANS-142	Choreography	2
DANS-160 or DANS-170	Dance Appreciation Dance History	3

Required Electives: List A

Complete 1-2 units from the following courses:		1-2
DANS-128A	Salsa and Latin Social Dance I	
DANS-134D	Ballet Teaching Assistant	
DANS-135 or DANS-135B	Street Jazz (Beginning Hip Hop) Street Jazz (Hip Hop) Level 2	
DANS-136D	Jazz Dance Teaching Assistant	
DANS-137C	Tap Dance Teaching Assistant	
DANS-138D	Modern Dance Teaching Assistant	
DANS-199	Dance Independent Study	

Required Electives: List B

Complete 3 units from the following courses:		3
Any course not already used from List A		
DANS-160	Dance Appreciation	
DANS-170	Dance History	
KINE-201	Introduction to Kinesiology	
THEA-110	Acting I	
THEA-142	Introduction to Stage Costume	
THEA-153	Rehearsal and Performance: Musical	

Required Electives: List C

Complete 4-5 units from the following courses:		4-5
DANS-101 or KINE-101	Muscle and Tension Release Techniques Muscle and Tension Release Techniques	
DANS-127	World Dance Forms	
DANS-128B	Salsa & Latin Social Dance II	
KINE-130	Yoga	
DANS-132	Introduction to Dance	
DANS-133	Barre Fitness	
DANS-137A or DANS-137B	Tap Dance 1 Tap Dance 2	
DANS-154 or KINE-154 or DANS-154 or KINE-154	Mat Pilates Mat Pilates Intermediate Pilates Intermediate Pilates	

Total Units **18-21.5**

To receive an Associate Degree, students must complete 60 degree applicable semester units with a grade point average of at least 2.0. Students must also complete the NVC General Education (<https://catalog.napavalley.edu/getting-your-degree/general-education/#nvcgeneraleducationtext>) pattern to earn an Associate degree. Consultation with a Counselor is highly encouraged to ensure all requirements are met.