2 Units

3 Units

# **ADDICTION STUDIES (ADS)**

#### ADS-100 Law and Ethics

#### 3 Units

54 hours lecture: 54 hours total

### **Recommended Preparation:** Completion of HSRV-120 and HSRV-124 with a minimum grade of C.

Introduces ethical and legal issues in counseling people struggling with addiction. Explores frameworks for addressing legal and ethical issues arising from engagement, assessment, and treatment of individuals, families, groups, and at-risk populations. Develops understanding of laws, code of ethics, and client rights. Examines the relationship between personal values and professional behavior.

Transfers to CSU only

#### 3 Units

#### 54 hours lecture; 54 hours total

ADS-120 Introduction to Addiction Studies

**Recommended Preparation:** Completion of HSRV-120 and HSRV-124 with a minimum grade of C.

An introductory course in substance abuse that orients the learner to commonly abused substances and their physical and cognitive impact, addiction theory, problem identification and treatment modalities. This course emphasizes prevention and intervention strategies for helping professionals working in a variety of health and human service settings. Transfers to CSU only

### ADS-123 Counseling Theories and Techniques 3 Units 54 hours lecture; 54 hours total

**Prerequisite:** Completion of ADS-100, ADS-120, HSRV-120 and HSRV-124 with a minimum grade of C.

In this course students will develop a theoretical and applied foundation for the assessment and treatment of alcohol and substance use disorders across the lifespan. The course will focus on evidence-based treatment for addictions with individuals, families, and groups. Transfers to CSU only

#### **ADS-125 Personal and Professional Growth**

3 Units

3 Units

3 Units

54 hours lecture; 54 hours total

**Prerequisite:** Completion of HSRV-120 with a minimum grade of C. **Recommended Preparation:** Completion of ADS-100 and ADS-120 with a minimum grade of C.

This course explores the professional development of the addiction counselor. It includes ethical foundation, transference, and countertransference. Students review the importance of maintaining good health, the signs of burnout, and burnout prevention strategies. Transfers to CSU only

#### ADS-127 Case Management in Addiction Studies 54 hours lecture; 54 hours total

Prerequisite: Completion of ADS-120 with a minimum grade of C.

The course provides training in case management skills to implement with clients struggling with substance use and addiction. Students will learn the practical aspects of case management: intake interviews, assessment, organization and design of a case plan, implementation and follow up.

Transfers to CSU only

#### ADS-132 Alcohol & Drug Prevention and Treatment

54 hours lecture; 54 hours total

A course on the practical application of the historical, theoretical, research and contemporary approaches to substance use prevention and treatment. The impact of substance use on the family and issues about the continuum of care for treatment are explored. Transfers to CSU only

#### ADS-133 Assessment and Treatment Planning in Addiction Studies

36 hours lecture; 36 hours total

The course reviews of the principles and practices of addiction treatment including the processes of intake, screening, assessment, treatment planning, referral, documentation, professional and ethical codes of conduct. Students will practice documentation record management procedures.

Transfers to CSU only

### ADS-134 Co-Occuring Disorders in Addiction Studies 3 Units 54 hours lecture; 54 hours total

A review of the major concepts, definitions, and features of co-occurring mental health disorders associated with addiction. Recognition of co-occurring disorders and the appropriate scope of practice are emphasized, including cultural sensitivity when working with issues of addiction. Common types of mental health issues associated with addiction, an overview of appropriate treatment and management approaches, the relationship between mental health and substance use facilities will be examined.

Transfers to CSU only

#### ADS-135 Pharmacology and the Physiological Effects of Addiction

#### 54 hours lecture; 54 hours total

**Prerequisite:** Completion of HSRV-120 with a minimum grade of C. The course presents an overview of the physiological processes and impacts of drugs and alcohol on a person including risk factors related to addiction, acute and chronic health problems, communicable diseases, and fetal impact. Medical and pharmacological resources and appropriate community referrals are also reviewed. Transfers to CSU only

#### ADS-193 Supervised Practicum for Addiction Studies 1 3.5 Units

27 hours lecture; 130 hours work experience; 157 hours total *Prerequisite:* Completion of ADS-100, ADS-120, HSRV-120 and HSRV-124 with a minimum grade of C.

## **Prerequisites or Corequisites:** Previous completion of or concurrent enrollment in ADS-123 with a minimum grade of C.

*Limitation on Enrollment:* Assessment by the Program Coordinator. This course is the first part of a supervised fieldwork practicum that actively involves students at a supervised chemical dependency service site. Students apply and integrate the values, knowledge, and skills learned in the classroom through direct, hands-on experience in the area of alcohol and drug counseling. Special attention is given to individual, group, and family counseling.

Transfers to CSU only

#### ADS-194 Supervised Practicum for Addiction Studies 2 3.5 Units

18 hours lecture; 135 hours work experience; 153 hours total **Prerequisite:** Completion of ADS-193 with a minimum grade of C or assessment by the program coordinator.

This course is the second part of a supervised fieldwork practicum that actively involves students at a supervised chemical dependency service site. Students apply and integrate the values, knowledge, and skills learned in the classroom through direct, hands-on experience in the area of alcohol and drug counseling. Special attention is given to individual, group, and family counseling.

Transfers to CSU only

### ADS-199 Independent Study in Addiction Studies

#### 1-6 Units

18-108 hours lecture; 18-108 hours total

*Limitation on Enrollment:* Assessment by the Instructor. An independent study course for students completing their addiction certificate. This course will allow students to complete CCAPP required content which was not reviewed in previous human services courses. Transfers to CSU only