

CHILD AND FAMILY STUDIES (CFS)

<p>CFS-120 Child Development 3 Units 54 hours lecture; 54 hours total This course examines the major physical, psychosocial, cognitive, language, and emotional developmental milestones for children, both typical and atypical, from conception through adolescence. There will be emphasis on interactions between maturational processes and environmental factors. While studying developmental theory and investigative research methodologies, students will observe children, evaluate individual differences and analyze characteristics of development at various stages. Transfers to both UC/CSU</p>	<p>CFS-130 The Creative Process in Young Children 3 Units 54 hours lecture; 54 hours total <i>Prerequisite:</i> Completion of CFS-122 and CFS-123 with a minimum grade of C. Students will explore techniques that support the creative abilities of young children in the creative arts including explorations with textures and movement, color, representational drawing and painting, 3-dimensional media, and various art mediums. This course emphasizes a culture of inquiry and fostering children's long-term investigative approaches using art that is based on children's developmental progression and cognitive capacities. Transfers to CSU only</p>
<p>CFS-121 Health, Safety & Nutrition 3 Units 54 hours lecture; 54 hours total This course will provide an introduction to the laws, regulations, standards, policies and procedures and early childhood curriculum related to child health safety and nutrition. The key components that ensure physical health, mental health and safety for both children and staff will be identified along with the importance of collaboration with families and health professionals. Focus is on integrating the concepts into everyday planning and program development for all children. Transfers to CSU only</p>	<p>CFS-135 The Cognitive Development of Young Children 3 Units 54 hours lecture; 54 hours total <i>Prerequisite:</i> Completion of CFS-122 and CFS-123 with a minimum grade of C. This course explores cognitive development in young children including how they think and how they develop theories and concepts about the world around them. While exploring the maturation of the brain and development, students will investigate the materials and environments that support children's cognitive development, including the development of math, science, and critical thinking skills. Transfers to CSU only</p>
<p>CFS-122 Principles & Practices of Teaching Young Children 3 Units 54 hours lecture; 54 hours total An examination of the underlying theoretical principles of developmentally appropriate practices applied to programs, environments. This course emphasizing the key role of relationships, constructive adult-child interactions, and teaching strategies in supporting physical, social, creative and intellectual development for all children. This course includes a review of the historical roots of early childhood programs and the evolution of the professional practices promoting advocacy, ethics and professional identity. Transfers to CSU only</p>	<p>CFS-140 The Child, Family and Community 3 Units 54 hours lecture; 54 hours total This course is a multicultural examination of the processes of socialization focusing on the interrelationships of family, school, and community and emphasizing historical and socio-cultural factors. Topics include the interactions among children, family, school, peers, media, and community, with an emphasis on ethnic diversity, social class, gender roles, and their impact on family behavior, values, morals, and attitudes. Transfers to both UC/CSU</p>
<p>CFS-123 Observation & Assessment 4 Units 54 hours lecture; 54 hours lab; 108 hours total <i>Prerequisite:</i> Completion of CFS-120 with a minimum grade of C, a negative TB test, and a Good Health Statement. This course focuses on the appropriate use of assessment and observation strategies to document development, growth, play and learning in order to join with families and professionals in promoting children's success and maintaining quality programs. Recording strategies, rating systems, portfolios, and multiple assessment methods are explored. Requires a good health statement, negative TB test, and a fingerprint clearance. Transfers to CSU only</p>	<p>CFS-145 Language Development & Early Literacy 3 Units 54 hours lecture; 54 hours total The development of language in young children and the role of literature are examined, including a detailed exploration of quality children's literature. The practical use of language and literature in a variety of early childhood settings will be discussed. Transfers to CSU only</p>
<p>CFS-125 Using Simple Signs With Children in the Early Care and Education Setting 0.5 Units 9 hours lecture; 9 hours total This course explores the benefits and research regarding signing with infants, toddlers, and preschoolers. The course will also cover techniques for implementing the use of signs in an Early Care and Education classroom with children, as well as basic signing exercises and games. Transfers to CSU only</p>	<p>CFS-150 Infant and Toddler Development 3 Units 54 hours lecture; 54 hours total <i>Prerequisite:</i> Completion of CFS-120 with a minimum grade of C. A study of infants and toddlers from pre-conception to age three including physical, cognitive, language, social, and emotional growth and development. Applies theoretical frameworks to interpret behavior and interactions between heredity and environment. Emphasizes the role of family and relationships in development. Transfers to CSU only</p>
	<p>CFS-151 Care and Education for Infants and Toddlers 3 Units 54 hours lecture; 54 hours total <i>Prerequisite:</i> Completion of CFS-150 with a minimum grade of C. Applies current theory and research to the care and education of infants and toddlers in group settings. Examines essential policies, principles and practices that lead to quality care and developmentally appropriate curriculum for children birth to 36 months. Transfers to CSU only</p>

<p>CFS-155 Sensitive Issues in Early Childhood 54 hours lecture; 54 hours total This is an introductory course on issues in life that affect children: marriage; separation and divorce; death; sex and sexuality; self-acceptance; cultural and racial identity; hospitalization; and child abuse. This course is designed for parents, individuals in the helping professions, early childhood students, and other interested persons. Transfers to CSU only</p>	<p>3 Units</p>	<p>CFS-180 The Anthropology of Childhood 54 hours lecture; 54 hours total A comparative study of childhood as experienced in a variety of world cultures. Explores different cultural patterns of child rearing and the differential experiences of childhood as they are influenced by race, class, gender and environmental variables. The role of women and girls as childbearers, caretakers and providers will be emphasized. The effects of rapid culture change on children will be studied with particular emphasis on poverty, armed conflict, and HIV/AIDS. Cross-listed with ANTH-180. Transfers to both UC/CSU</p>	<p>3 Units</p>
<p>CFS-160 Parenting 54 hours lecture; 54 hours total This course explores a wide range of parenting theories and techniques, utilizing a theoretical foundation with a practical approach. There is particular emphasis on building self-esteem, verbal and non-verbal communication, power, and control. Transfers to CSU only</p>	<p>3 Units</p>	<p>CFS-184 Teaching Children in a Diverse Society 54 hours lecture; 54 hours total Examines the impact of various societal influences on the development of children's social identity. Covers developmentally appropriate, inclusive, and anti-bias approaches. Self-examination and reflection on issues related to social identity, stereotypes, and bias will be emphasized. Transfers to CSU only</p>	<p>3 Units</p>
<p>CFS-161 Working With Families 54 hours lecture; 54 hours total This course explores the value of relationships between families and the staff within the school setting. Includes an in-depth exploration of key concepts on how to deal effectively with families. Transfers to CSU only</p>	<p>3 Units</p>	<p>CFS-185 Trauma and Early Childhood Development 54 hours lecture; 54 hours total Recommended Preparation: Completion of CFS-120 with a minimum grade of C. Provides an overview of trauma-informed care in early care and education, including the impact of trauma on the developing child, protective and resiliency factors, and the benefits and opportunities of partnering with families. It explores the impact of early childhood traumatic experiences on physical, cognitive, and psychological development throughout the lifespan.</p>	<p>3 Units</p>
<p>CFS-165 Curriculum and Environments in Early Childhood Programs 54 hours lecture; 54 hours total Prerequisite: Completion of CFS-120 and CFS-122 with a minimum grade of C. This course presents an overview of knowledge and skills related to providing appropriate curriculum and environments for young children. Students will examine teacher's role in supporting development and fostering the joy of learning for all young children using observation and assessment strategies emphasizing the essential role of play. Transfers to CSU only</p>	<p>3 Units</p>	<p>CFS-190 Children with Special Needs 54 hours lecture; 54 hours total Introduces the variations in development of children with special needs ages birth through eight and the resulting impact on families. Includes an overview of historical and societal influences, laws relating to children with special needs, and the identification and referral process. Transfers to CSU only</p>	<p>3 Units</p>
<p>CFS-170 Studying the Reggio Emilia Approach 54 hours lecture; 54 hours total This is an introductory course in the theory, philosophy, and inspiration of Reggio Emilia approach to early childhood education. Students will explore an interpretation of the basic principles of this approach. Emphasis is on developing a new image of the child in connection with the role of adults (teachers and parents), developing relationships, interactions, and experiences based on "progettazione" (term used in Reggio Emilia for prediction, hypothesis, projections of emergent projects). Transfers to CSU only</p>	<p>3 Units</p>	<p>CFS-196 Music and Movement in Early Childhood 54 hours lecture; 54 hours total Introduction to teaching music and movement to young children. Basic elements such as beat, rhythm, timbre, dynamics, form, and melody will be explored in developmentally appropriate and culturally sensitive ways. Songs, games, finger plays, rhymes, dances, and playing instruments will be presented. Cross-listed with MUSI-196. Transfers to CSU only</p>	<p>3 Units</p>
<p>CFS-175 Meeting the Developmental Needs of the School-Aged Child 54 hours lecture; 54 hours total The student will be exposed to the philosophy, principles and practices of school-age child care. Emphasis is on preparing students to work with children in a group setting. Students will learn techniques for guiding behavior, structuring program flow, and preparing environment to meet the needs of the school age child. Transfers to CSU only</p>	<p>3 Units</p>	<p>CFS-200 Early Intervention Strategies 54 hours lecture; 54 hours total Covers curriculum and intervention strategies for working with children with special needs in partnership with their families. Focuses on the use of observation and assessment in meeting the individualized needs of children in inclusive and natural environments. Includes the role of the teacher as a professional working with families, collaboration with interdisciplinary teams, and cultural competence. Transfers to CSU only</p>	<p>3 Units</p>

<p>CFS-223 Student Teaching - Practicum 5 Units 36 hours lecture; 162 hours lab; 198 hours total <i>Prerequisite:</i> Completion of CFS-122, CFS-123 and CFS-140 with a minimum grade of C, a negative TB test, a Good Health Statement, required immunizations per regulations, and a fingerprint clearance. <i>Prerequisites or Corequisites:</i> Concurrent enrollment in or previous completion of CFS-165 with a minimum grade of C. A demonstration of developmentally appropriate early childhood teaching competencies under guided supervision. Students will utilize practical classroom experiences to make connections between theory and practice, develop professional behaviors, and build a comprehensive understanding of children and families. Child centered, play-oriented approaches to teaching, learning, and assessment; and knowledge of curriculum content areas will be emphasized as student teachers design, implement and evaluate experiences that promote positive development and learning for all young children. Transfers to CSU only</p>	<p>CFS-286 Preschool and Early Primary Development For the Transitional Kindergarten 3 Units 54 hours lecture; 54 hours total Examines theories of development and the developmental processes focusing on children ages 3-6. Developmental benchmarks in the physical, cognitive, social, emotional, and language domains are identified as well as the multiple influences that impact children's development. This course is designed for those working with students in transitional kindergarten, kindergarten, and early education classrooms. Transfers to CSU only</p>
<p>CFS-225 Fieldwork in Early Intervention 5 Units 36 hours lecture; 162 hours lab; 198 hours total <i>Prerequisite:</i> Completion of CFS-200 with a minimum grade of C. This course provides students with a field experience/practicum with children with special needs, including natural environments, inclusive environments, and self-contained environments. Students will apply theory and models of intervention in an early childhood special education setting or with a focus child in a general education classroom. This course includes a lecture and a 9-hour a week early intervention placement. Transfers to CSU only</p>	<p>CFS-287 Strategies for Working With Challenging Behaviors 3 Units 54 hours lecture; 54 hours total Appropriate for classroom teachers in various settings, students will identify developmentally appropriate behaviors, challenging behaviors and the various influences that effect children's behavior. Students will analyze children's behaviors and select strategies to make positive changes. Emphasizes the connection between children's social and emotional development and their success in the classroom, and how the teachers' perceptions, experiences, and behavior influence child behaviors. Transfers to CSU only</p>
<p>CFS-250 Adult Supervision and Mentoring in Early Care and Education 2 Units 36 hours lecture; 36 hours total This course explores the methods and principles of supervising student teachers, volunteers, staff, and other adults in early care and education settings. Emphasis is on the roles and development of early childhood professionals as mentors and leaders. Transfers to CSU only</p>	<p>CFS-288 CA Preschool Foundations & Frameworks: English Language Development 1 Unit 18 hours lecture; 18 hours total Introduction to the English language learners domain of the California Preschool Learning Foundations and Frameworks including strands of listening, speaking, reading and writing. Provides practical strategies for implementing the curriculum frameworks developed for this domain. Applicable to required or professional development units for Child Development Permit holders, pre-school, transitional kindergarten, and early-primary teachers. Transfers to CSU only</p>
<p>CFS-270 Admin & Supervision of Early Childhood Programs I 3 Units 54 hours lecture; 54 hours total <i>Prerequisite:</i> Completion of CFS-120 and CFS-140 with a minimum grade of C. Introduction to the administration of early childhood programs. This course covers program types, budget, management, regulations, laws, and implementation of policies and procedures. Examines administrative tools, philosophies, and techniques needed to organize, open, and operate an early care and education program. Transfers to CSU only</p>	<p>CFS-289 CA Preschool Foundations & Frameworks: Language, Literacy 1 Unit 18 hours lecture; 18 hours total Introduction to the language and literacy development domain in the California Preschool Learning Foundations and Frameworks including the strands of listening and speaking, reading, and writing. Provides practical considerations for implementing the curriculum frameworks developed for this domain. Applicable to required or professional development units for Child Development Permit holders, pre-school, transitional kindergarten, and early-primary teachers. Transfers to CSU only</p>
<p>CFS-271 Supervision & Administration of Early Childhood Programs II 3 Units 54 hours lecture; 54 hours total <i>Prerequisite:</i> Completion of CFS-270 with a minimum grade of C. Effective strategies for personnel management and leadership in early care and education settings. Includes legal and ethical responsibilities, supervision techniques, professional development, and reflective practices for a diverse and inclusive early care and education program. Transfers to CSU only</p>	<p>CFS-290 CA Preschool Foundations & Frameworks: Visual Arts 1 Unit 18 hours lecture; 18 hours total Introduction to the visual arts domain of the California Preschool Learning Foundations and Frameworks including artistic expression and response, and skills using various art mediums. Provides practical strategies for implementing the curriculum frameworks developed for this domain. Applicable to required or professional development units for Child Development Permit holders, preschool, transitional kindergarten, and early-primary teachers. Transfers to CSU only</p>

CFS-291 CA Preschool Foundations & Frameworks: Performing Arts**1 Unit**

18 hours lecture; 18 hours total

Introduction to the performing arts domain of the California Preschool Learning Foundations and Frameworks including strands of music, drama, and dance. Provides practical strategies for implementing the curriculum frameworks developed for this domain. Applicable to required or professional development units for Child Development Permit holders, pre-school, transitional kindergarten, and early-primary teachers.

Transfers to CSU only

CFS-292 CA Preschool Foundations & Frameworks: Health**1 Unit**

18 hours lecture; 18 hours total

Introduction to the health domain of the California Preschool Learning Foundations and Frameworks including strands of health habits, safety, and nutrition. Provides practical strategies for implementing the curriculum frameworks. Applicable to required or professional development units for Child Development Permit holders, as well as pre-school, transitional kindergarten, and early-primary teachers.

Transfers to CSU only

CFS-293 CA Preschool Foundations & Frameworks: History/Social Science**1 Unit**

18 hours lecture; 18 hours total

Introduction to the history and social science domain of the California Preschool Learning Foundations and Frameworks including strands of self and society, civics, history, geography, ecology, and economics. Provides practical strategies for implementing the curriculum frameworks developed for this domain. Applicable to required or professional development units for Child Development Permit holders, pre-school, transitional kindergarten, and early-primary teachers.

Transfers to CSU only

CFS-294 CA Preschool Foundations & Frameworks: Math**1 Unit**

18 hours lecture; 18 hours total

Introduction to the mathematics domain of the California Preschool Learning Foundations and Frameworks including the strands of number sense, algebra and functions, measurement, geometry, and mathematical reasoning. Provides strategies for implementing the curriculum frameworks developed for this domain. Applicable to required or professional development units for Child Development Permit holders, pre-school, transitional kindergarten, and early-primary teachers.

Transfers to CSU only

CFS-295 CA Preschool Foundations & Frameworks: Physical Development**1 Unit**

18 hours lecture; 18 hours total

Introduction to the physical development domain of the California Preschool Learning Foundations and Frameworks including strands of fundamental movement skills, perceptual-motor skills and movement concepts, and active physical play. Provides practical strategies for implementing the curriculum frameworks developed for this domain. Applicable to required, or professional development, units for Child Development Permit holders, pre-school, transitional kindergarten, and early-primary teachers.

Transfers to CSU only

CFS-296 CA Preschool Foundations & Frameworks: Science**1 Unit**

18 hours lecture; 18 hours total

Introduces the science domain of the California Preschool Learning Foundations and Frameworks including the strands of scientific inquiry, physical, life, and earth sciences and provides practical strategies for implementing the curriculum frameworks developed for this domain.

Applicable to required, or professional development, units for Child Development Permit holders, pre-school, transitional kindergarten, and early-primary teachers.

Transfers to CSU only

CFS-297 CA Preschool Foundations & Frameworks: Social and Emotional**1 Unit**

18 hours lecture; 18 hours total

Introduction to the social and emotional development domain of the California Preschool Learning Foundations and Frameworks including the strands of self, social interaction, and relationships. Provides practical strategies for implementing the curriculum frameworks developed for this domain. Applicable to required, or professional development, units for Child Development Permit holders, pre-school, transitional kindergarten (TK), and early-primary teachers.

Transfers to CSU only

CFS-299 Transitional Kindergarten Reflective Practice**1 Unit**

18 hours lecture; 18 hours total

This course is designed for teachers working in, or preparing to work in, a transitional kindergarten. It is designed for individuals currently working with young children. Students will engage in the reflective practice cycle process. Students will use a variety of instructional strategies, including purposeful play, to assess and support children's learning and development. This course is intended to be a capstone course.

Transfers to CSU only