

# CULINARY NONCREDIT (CULNC)

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**CULNC-20 Basic Cooking Skills for Beginners****0 Units**

12 hours lecture; 12 hours total

This class will familiarize students with the most basic cooking skills to empower them to make delicious and nutritious foods themselves.

This hands-on class will be conducted in the NVC Culinary Arts Kitchens, helping students to become comfortable using cooking equipment and preparing basic recipes. The class is geared towards those that want to cook for themselves at home or while away, when eating out may not be an option.

Not transferable

**CULNC-22 Cultures and Cuisines****0 Units**

3-12 hours lecture; 3-12 hours total

This course explores cuisines with a focus on the geographic, historic, cultural, religious, and economic influences that shape food availability and consumption. Students will examine how diversity shapes cultural food patterns. Additionally, this course will examine a wide variety of individual's contribution to the world of food.

Not transferable