

# HUMAN SERVICES (HSRV)

## HSRV-120 Introduction to Human Services

3 Units

54 hours lecture; 54 hours total

The course is an introduction to the social welfare field and explores the historical, cultural and societal aspects of the social work profession.

The course will introduce the essential helping skills of human service workers. The broad career opportunities within social services will be examined and a candid look at the demands and strains of choosing a social service career will be explored.

Transfers to CSU only

## HSRV-122 Helping Skills in Human Services

3 Units

54 hours lecture; 54 hours total

**Recommended Preparation:** Completion of HSRV-120 with a minimum grade of C.

An introduction to helping skills and interview techniques necessary for paraprofessionals, volunteers and students working in the Human Services field. Students will learn basic communication skills to effectively support and guide persons who need assistance from social, educational and health service systems. Sensitivity and awareness of the client's diverse needs during an interview will be emphasized.

Transfers to CSU only

## HSRV-124 Working With Diverse Populations

3 Units

54 hours lecture; 54 hours total

A course examining the historical and current values, problems, issues, concerns, and support needs of special population groups including, but not limited to age, gender, race, ethnicity, culture, immigration status, socioeconomic status, physical or psychiatric disability, sexual orientation, and gender identity. The role of power in the helping relationship will be examined with regard to social and cultural identities and viewing both the service provider and the client within the context of the larger society. Emphasis is on the importance of self-awareness and examining personal biases and prejudices in order to be an effective human services provider.

Transfers to CSU only

## HSRV-126 Case Management in Human Services

3 Units

54 hours lecture; 54 hours total

**Prerequisite:** Completion of HSRV-120 with a minimum grade of C.

The course provides training in case management skills to implement with clients in a variety of human service organizations. Students will learn the practical aspects of case management: intake interviews, assessment, organization and design of a case plan, implementation and follow up. Advocacy skills will be reviewed and an overview of legal and ethical issues and professional development activities of human service specialists will be examined.

Transfers to CSU only

## HSRV-130 Crisis Intervention in Human Services

3 Units

54 hours lecture; 54 hours total

This course will include strategies and techniques in crisis intervention and the effects of trauma for individuals training to work in the helping profession including how to conduct intake interviews; provide information, referrals, and documentation; and utilize the essential active listening skills for people in crisis. Topics covered overview of crisis and trauma, suicide prevention, domestic violence, substance abuse, mental health, cross-cultural competencies, and legal issues including confidentiality.

Transfers to CSU only

## HSRV-131 Introduction to Group Process

3 Units

54 hours lecture; 54 hours total

**Recommended Preparation:** Completion of HSRV-120 and HSRV-122 with a minimum grade of C.

An introduction to educational and process groups in human services and addiction treatment work settings including theoretical foundation, stages and processes; roles, responsibilities and ethics; strategies and techniques for facilitating group process. Students practice and demonstrate competencies through participation and demonstration of group work.

Transfers to CSU only

## HSRV-135 Introduction to Public Child Welfare

3 Units

54 hours lecture; 54 hours total

**Prerequisite:** Completion of HSRV-120 with a minimum grade of C.

This course provides an overview of child welfare services. The course reviews the history, mission, and scope of child welfare services (i.e., prevention, investigation, court process, out of home care, emancipation, and adoption services) and practices. This will include identifying child maltreatment, assessing family needs and strengths and risk. Best-practice interventions for children, youth, and families including assessment, case planning, and case management and prevention services will be explored.

Transfers to CSU only

## HSRV-137 Trauma-Informed Interventions

3 Units

54 hours lecture; 54 hours total

**Prerequisite:** Completion of HSRV-130 with a minimum grade of C.

This course is designed to provide an overview of trauma informed treatment. Student will explore the context in which services are delivered and the roles of treatment providers in different agencies. Students will review several evidence-based treatments and the effectiveness of those treatments for various populations.

Transfers to CSU only

## HSRV-190 Human Services Field Internship 1

3 Units

18 hours lecture; 130 hours work experience; 148 hours total

**Prerequisite:** Completion of HSRV-120, or PSYC-C1000, or SOCI-120 with a minimum grade of C.

**Recommended Preparation:** Completion of HSRV-122, HSRV-124, HSRV-126 with a minimum grade of C.

This course is the supervised fieldwork practicum that actively involves students at a supervised human service site. Students apply and integrate the values, knowledge, and skills learned in the classroom through direct, hands-on experience in a human services agency. Special attention is given to individual, group, and family counseling.

Transfers to CSU only