# **NURSING (NURS)**

#### **NURS-151 Nursing Fundamentals**

5.5 Units

45 hours lecture; 162 hours lab; 207 hours total

**Prerequisite:** Completion of BIOL-218, BIOL-219, BIOL-220, PSYC-125 and ENGL-C1000 or ENGL-120B with a minimum grade of C.

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**Recommended Preparation:** CNA Certification by the California Department of Consumer Affairs is required. The LVN or Psychiatric Technician certifications will also be accepted in lieu of the CNA.

The beginning in a series of courses that sets the framework for understanding and practicing the art and science of nursing which includes the nursing process, critical thinking, clinical reasoning, patient centered care, legal and ethical standards, professionalism, effective professional communication, teamwork and collaboration, evidence based practice/informatics, and the reduction of risk potential. Also included is review of basic nursing skills from the nursing prospective initially learned as a CNA, in addition to more advanced nursing skills that will be used in practice throughout the program.

### Transfers to CSU only

# NURS-152 The Role of the Nurse in Health & Wellness, Chronic Illness and Geriatric Care 5 Units

54 hours lecture; 108 hours lab; 162 hours total

**Prerequisite:** Completion of NURS-151 with a minimum grade of C. **Prerequisites or Corequisites:** Concurrent enrollment in or previous completion of COMM-124 with a minimum grade of C.

Using the knowledge and skills gained taking pre-requisite courses and the concepts and skills learned in NURS-151 they will study the role of the nurse, the practice of nursing, and the concepts of clinical reasoning and clinical judgment. Students will participate in activities that will further their knowledge of health and wellness, as well as chronic illness, and they will be integrating these concepts to better understand the unique needs of the geriatric population and how to provide them care Transfers to CSU only

# NURS-153 Maternal/Newborn Nursing Care

4 Units

45 hours lecture; 90 hours lab; 135 hours total

**Prerequisite:** Completion of NURS-152 with a minimum grade of C. Building upon concepts and skills previously introduced, this course is focused on the use of nursing process in caring for the mother, neonate and the child-bearing family, with and without alterations in health. Emphasis is placed on family-centered nursing care and client teaching. Transfers to CSU only

## **NURS-154 Mental Health Nursing Care**

3.5 Units

45 hours lecture; 54 hours lab; 99 hours total

*Prerequisite:* Completion of NURS-152 with a minimum grade of C. This course builds upon previously learned communication skills, with an emphasis on therapeutic communication, group communication, and clinical reasoning. Students will utilize their communication skills and clinical judgment while caring for individual patients with altered mentation, mental illness, or addiction whether they are in the community, group therapy, or in-patient clinical settings.

Transfers to CSU only

#### **NURS-155 Pediatric Nursing Care**

3 Units

36 hours lecture; 54 hours lab; 90 hours total

**Prerequisite:** Completion of NURS-153 and NURS-154 with a minimum grade of C or equivalent.

Using concepts and skills previously introduced, this course focuses on the use of nursing process in the promotion of health and wellness in the pediatric client/ family as well as the pediatric patient with and without alterations in health. Emphasis is placed on health alterations specific to the pediatric client being cared for in the out-patient setting, acute alterations in the out-patient setting, and for chronic alterations. The hospitalized pediatric patient with acute health alterations in pediatrics will be incorporated in the acute medical surgical courses.

Transfers to CSU only

## **NURS-233 Vocational Nursing 3**

13 Units

121 hours lecture; 343 hours lab; 464 hours total

Prerequisite: Completion of NURS-132 with a minimum grade of C.

This is the third course in a series of three semesters designed to prepare the student for eligibility for licensure as a Vocational Nurse in the State of California. Includes: Fluid and Electrolytes II, Leadership, Rehabilitative and Home Health Nursing; Care of the patient with Cardiovascular, Respiratory, Urinary, Reproductive, Neurological and Dermatological

Transfers to CSU only

Disorders.

# NURS-251 Community and Acute Medical- Surgical Nursing Care I

10 Units

8 Units

90 hours lecture; 270 hours lab; 360 hours total

Prerequisite: Completion of NURS-155 with a minimum grade of C. In this course the student will be required to integrate knowledge and skills obtained from previous courses, with a focus on clinical reasoning and clinical judgment. Healthcare populations may include any combination of chronic, acute, or medical surgical conditions, including multi-system, or trauma. Students will need to demonstrate that they are able to communicate effectively with the healthcare team, accurately assess and record their findings, and demonstrate the use of clinical reasoning to guide their decision making, in order to provide safe, ethical, equitable, evidence-based effective care for a wide variety of clients in a healthcare setting.

Transfers to CSU only

# NURS-252 Nursing Care of Patients With Acute Illness II

72 hours lecture; 216 hours lab; 288 hours total

**Prerequisite:** Completion of NURS-251 with a minimum grade of C. This course focuses on the development of clinical reasoning and judgment to promote positive patient outcomes while providing safe, affirming, patient-centered care. Students will demonstrate their ability to care for the adult client in an acute medical- surgical clinical environment, in clinics, or in a simulation lab utilizing the knowledge and skills acquired from previous courses.

Transfers to CSU only

# **NURS-253 Nursing Capstone**

2 Units

18 hours lecture; 54 hours lab; 72 hours total

Prerequisite: Completion of NURS-252 a minimum grade of C.

During the capstone experience the last four weeks of the Associate Degree Nursing Program, the student will demonstrate the ability to apply safe clinical judgment. Students will also demonstrate that they have the knowledge, skills, and attitudes needed to provide safe personalized care to people in the clinical setting. In addition, they will demonstrate that they can provide evidence-based, inclusive, culturally competent care according to their role as a professional nurse. Course content will focus on leadership and end of life concepts. The roles and responsibilities of an advanced beginner nurse will be explored.

Transfers to CSU only