# **NURSING (NURS)**

#### NURS-131 Vocational Nursing 1

13 Units

126 hours lecture: 324 hours lab: 450 hours total

**Prerequisite:** Completion of ENGL-120, HEOC-100, HEOC-101, MATH-93, and PSYC-125 with a minimum grade of C, and a Current Certified Nursing Assistant (CNA) certificate from California.

Prerequisites or Corequisites: Concurrent enrollment in HEOC-172. Limitation on Enrollment: 1) High School Graduate or equivalent 2) Orientation meeting

This is the first course in a series of three semesters designed to prepare the student for eligibility for licensure as a Vocational Nurse in the State of California. Introduces role of Vocational Nurse, fundamental nursing skills, medical terminology, administration of medication including injections, lab values, Preoperative and Postoperative care, Pediatrics I, Maternity I, Gerontological nursing and care of the patient with Peripheral Vascular System Disorders I.

Transfers to CSU only

#### NURS-132 Vocational Nursing 2

14.5 Units

144 hours lecture; 366 hours lab; 510 hours total

**Prerequisite:** Completion of NURS-131, PSYC-125 and HEOC-172 with a minimum grade of C.

This is the second course in a series of three semesters designed to prepare the student for eligibility for licensure as a Vocational Nurse in the State of California. Includes Fluids and Electrolytes I, Nursing Process II, Oncology, Immunology, Nursing Care for Maternal-Newborn II, Peripheral Vascular II, Pediatrics II, Rehabilitative Nursing, Lab Values, Fluids Electrolytes, Musculoskeletal, Gastrointestinal, Endocrine and Mental Health Disorders.

Transfers to CSU only

### **NURS-151 Nursing Fundamentals**

4 Units

36 hours lecture; 108 hours lab; 144 hours total

**Prerequisite:** Completion of BIOL-218, BIOL-219, BIOL-220, ENGL-120, and PSYC-125 with a minimum grade of C.

**Recommended Preparation:** CNA Certification by the California Department of Consumer Affairs is required. Equivalency can be met via appropriate licensure as determined by program director.

The beginning in a series of courses that sets the framework for understanding and practicing the art and science of nursing which includes the nursing process, critical thinking, patient centered care, legal and ethical standards, professionalism, effective professional communication, teamwork and collaboration, evidence based practice/informatics, and the reduction of risk potential. Also included is review of basic nursing skills from the nursing prospective initially learned as a CNA, in addition to more advanced nursing skills that will be used in practice throughout the program.

Transfers to CSU only

# NURS-152 The Role of the Nurse in Health & Wellness, Chronic Illness and Geriatric Care 7.5 Units

72 hours lecture; 192 hours lab; 264 hours total

Prerequisite: Completion of NURS-151 with a minimum grade of C.

Prerequisites or Corequisites: Concurrent enrollment in or previous

completion of SPCOM-124 with a minimum grade of C.

Using the knowledge gained taking pre-requisite courses and the concepts and skills learned in NURS 151 regarding the role of the nurse and the practice of nursing, the student will also learn to integrate cultural awareness and growth and development concepts to promote health and maintain wellness in all persons, integrate psychosocial and physiologic knowledge to care for those with chronic illness, understand the unique needs of the geriatric population and how to provide them care

Transfers to CSU only

#### NURS-153 Maternal/Newborn Nursing Care

4.5 Units

48 hours lecture; 100 hours lab; 148 hours total

**Prerequisite:** Completion of NURS-151 and NURS-152 with a minimum grade of C.

Using concepts and skills previously introduced, this course is focused on the use of nursing process in caring for the mother, neonate and the child-bearing family, with and without alterations in health. Emphasis is placed on family-centered nursing care and client teaching. Transfers to CSU only

#### **NURS-154 Mental Health Nursing Care**

4.5 Units

48 hours lecture; 100 hours lab; 148 hours total

Using concepts and skills previously introduced, this course focuses on the use of nursing process in caring for patients, patient centered groups, and communities with actual mental illness and those with potential psychosocial alterations. Emphasis is placed on therapeutic communication and group communication.

Transfers to CSU only

# NURS-155 Pediatric Nursing Care

2.5 Units

24 hours lecture; 64 hours lab; 88 hours total

Using concepts and skills previously introduced, this course focuses on the use of nursing process in the promotion of health and wellness in the pediatric client/ family as well as the pediatric patient with and without alterations in health. Emphasis is placed on health alterations specific to the pediatric client being cared for in the out-patient setting, acute alterations in the out-patient setting, and for chronic alterations. The hospitalized pediatric patient with acute health alterations in pediatrics will be incorporated in the acute medical surgical courses.

Transfers to CSU only

#### **NURS-233 Vocational Nursing 3**

13 Units

121 hours lecture; 343 hours lab; 464 hours total

Prerequisite: Completion of NURS-132 with a minimum grade of C.

This is the third course in a series of three semesters designed to prepare the student for eligibility for licensure as a Vocational Nurse in the State of California. Includes: Fluid and Electrolytes II, Leadership, Rehabilitative and Home Health Nursing; Care of the patient with Cardiovascular, Respiratory, Urinary, Reproductive, Neurological and Dermatological Disorders.

Transfers to CSU only

## NURS-251 Community and Acute Medical- Surgical Nursing Care I

12 Units

108 hours lecture; 324 hours lab; 432 hours total
Using information and skills learned in previous semesters, the focus
of this course is on chronic to acute medical surgical conditions of
all populations, including multi-system alterations. Integration of new
knowledge with pathophysiological and psychosocial skills, evidence
based practice, detailed assessment skills and the use of critical thinking
for the application to patient care. Time management and leadership skill
progression is important to meeting objectives in caring for groups of
patients in a variety of settings: homes, clinic, acute care, community
groups, skilled nursing facilities, rehabilitation settings.
Transfers to CSU only

#### NURS-252 Nursing Care of Patients With Acute Illness II

8 Units

72 hours lecture; 216 hours lab; 288 hours total

Prerequisite: Completion of NURS-251 with a minimum grade of C.

Using information and skills learned in previous semesters, the focus of this medical surgical continuation course is on additional acute medical- surgical conditions, inclusive of multi-system alterations, of all populations. Integration of new knowledge with pathophysiologic and psycho-social skills, evidence based practice, detailed assessment skills and the use critical thinking for the application to patient care with the goal of providing safe and timely care for positive patient outcomes. Progressive demonstration of management skills, leadership, provision of patient education, and consistent safe patient care is important to meeting objectives in caring for groups of patients in a variety of settings. Transfers to CSU only

#### **NURS-253 Nursing Capstone**

4 Units

24 hours lecture; 144 hours lab; 168 hours total

Prerequisite: Completion of NURS-252 a minimum grade of C.

During the capstone experience the last six weeks of the Associate

Degree Nursing Program, the student will demonstrate collective
knowledge, skills and attitudes learned to provide safe, culturally
competent, evidence based professional nursing care to people of all
ages in the clinical setting. Course content will focus on leadership skills
and demonstration of the appropriate role of the novice RN, inclusive of
age appropriate nursing care to individuals/ groups.

Transfers to CSU only