

# PSYCHIATRIC TECHNICIAN (PTEC)

## **PTEC-150 Principles & Practice for Psychiatric Technicians 1 13 Units**

126 hours lecture; 324 hours lab; 450 hours total

This is the first course in a series of three semesters designed to prepare the student for eligibility for licensure as a Psychiatric Technician in the State of California. Includes role of the Psychiatric Technician, Nurse/Patient Relationship, Nursing Process and Medical Records, Medical Terminology, Nursing Fundamentals, and Medical/Surgical Nursing. Transfers to CSU only

## **PTEC-155 Principles & Practice for Psychiatric Technicians 2 12 Units**

108 hours lecture; 324 hours lab; 432 hours total

A course designed to prepare the student for eligibility for licensure as a Psychiatric Technician in the State of California. Includes Psychopharmacology, Assessment and Interventions for a Client with Developmental Disabilities, Etiologies, Diseases Associated with Developmental Disabilities, Teaching and Training using a Developmental Model, Developmental Disabilities, Client's Rights, Tests and Measurements, Normalization, Behavior Modification, Autism, and Case Management.

Transfers to CSU only

## **PTEC-156 Principles & Practice for Psychiatric Technicians 3 12 Units**

108 hours lecture; 324 hours lab; 432 hours total

A course designed to prepare the student for eligibility for licensure as a Psychiatric Technician in the State of California. Includes: Role of Psychiatric Technician, Psychopharmacology, Mental Health Nursing I and II, Management of Assaultive Behaviors, Clients Rights, Psychophysiological, Neurotic and Psychotic Disorders, Group Therapy, Crisis Intervention, Suicide, Substance Abuse, Domestic Violence, Personality Disorders, Eating Disorders, Mood Disorders, Organic Mental Syndrome and Leadership/Supervision.

Transfers to CSU only

## **PTEC-160 Nursing Science 18 Units**

224 hours lecture; 320 hours lab; 544 hours total

**Prerequisite:** 1) MDTP - Mathematics Diagnostic Testing Project 2) CTEP - College Tests for English Placement 3) CNA-Current Certified Nursing Assistant 4) High School or Equivalent.

One trimester of three designed to prepare the student for licensure as a Psychiatric Technician in the State of California. Nursing Science will present the principles of mental and physical health, the maintenance of health, anatomy and physiology, and an understanding of disease and its treatment. Students will develop the ability to perform basic care activities, with learning experiences in the care of children, adults, and aged patients with medical/surgical conditions.

Transfers to CSU only

## **PTEC-161 Developmental Disabilities 15.5 Units**

160 hours lecture; 360 hours lab; 520 hours total

First trimester of three designed to prepare the student for licensure as a Psychiatric Technician in the State of California. This course will examine the care of the developmentally disabled by providing learning experience in State Developmental Centers as well as community facilities and continued practice in individual and group work.

Transfers to CSU only

## **PTEC-162 Mental Disabilities**

**17 Units**

208 hours lecture; 320 hours lab; 528 hours total

The last of three trimesters designed to prepare the student for licensure as a Psychiatric Technician in the State of California. This course will introduce psychological and mental health concepts as they relate to the psychiatric technician profession. The causes, prevention, and treatment of mental, emotional and behavioral disorders will be examined by providing practice in interpersonal skills, self-understanding, problem-solving, communication, and the use of rehabilitative methods in providing patient care.

Transfers to CSU only