

GENERAL EDUCATION

NVC General Education

Effective Fall 2024 through Summer 2025

The following are General Education requirements for local Associate of Arts and/or an Associate of Science degree from Napa Valley College. If you are a transfer student, choose only courses that appear both here *and* on the appropriate transfer general education/breadth sheet (either the CSU-GE or IGETC advising sheet). Students who have already earned a bachelor degree or higher from an accredited university are exempted from NVC GE requirements. Consult with a Counselor for more information.

A course may be used for only one general education category. Students are required to complete a minimum of 21 semester units in Areas A through E below.

Note: *Information on this form is subject to change, please check the Napa Valley College catalog addendum webpage for revised requirements.*

Statement of General Education Philosophy

General education is the foundation of the Associate Degree. General education is an integrated program of learning designed to introduce students to the variety of means through which people comprehend the modern world in courses that introduce students to the achievements, the methods of inquiry and the major principles and concepts in the humanities, the social sciences, mathematics, and the natural sciences. General education provides an opportunity for students to develop intellectual skills, information technology facility, effective and creative capabilities, social attitudes, and an appreciation for cultural diversity. Graduates possess a common foundation of knowledge for understanding their physical environment, culture and society and the skills of inquiry, reflection, and expression for personal growth and lifelong learning.

At Napa Valley College, general education is defined in the following categories, consistent with the requirements in title 5 and accepted standards in higher education, which indicate a minimum of 21 units in Areas A-E.

A. Natural Science

Courses in the natural sciences are those that examine the physical universe, its life forms, and its natural phenomena. These courses will help the student develop an appreciation and understanding of the scientific method and also impart to the student an understanding of the relationships between science and the world around them. This category will include introductory or integrative courses in astronomy, biology, chemistry, general physical science, geology, meteorology, oceanography, physical geography, biological anthropology, physics and other scientific disciplines.

B. Social and Behavioral Sciences

Courses in the social and behavioral sciences are those that focus on people as members of society. The courses will develop an awareness of the method of inquiry used by the social and behavioral sciences. It should stimulate critical thinking about the ways people act in response to their societies and should promote an appreciation of how societies and social subgroups operate. This category will include introductory or integrative courses in cultural anthropology, cultural geography,

economics, history, political science, psychology, sociology and related disciplines.

C. Humanities

Courses in the humanities are those that study the cultural activities and artistic expressions of human beings. The courses will help the student develop an awareness of the ways in which people throughout the ages and in different cultures have responded to themselves and the world around them with artistic and cultural creation and help the student develop aesthetic understanding and an ability to make value judgments. This category will include introductory or integrative courses in the arts, foreign languages, literature, philosophy, religion, and related disciplines.

D. Language and Rationality

Courses in language and rationality are those that develop the principles and applications of language, whether it be written, spoken or symbolic. These courses will explore language toward logical thought, clear and precise expression, and critical evaluation of communication. Three components of this area will be required.

D1. English Composition

Courses fulfilling the composition requirement will focus on written language. The course includes substantial instruction and practice in both expository and argumentative writing.

D2. Mathematical Concepts and Quantitative Reasoning

Courses fulfilling the mathematical concepts and quantitative reasoning requirement will focus on symbolic language. The course will help a student successfully process information requiring quantitative analysis, calculation, and the ability to use and criticize quantitative arguments.

D3. Communication and Analytical Thinking

Courses fulfilling the communication and analytical thinking requirement will focus on spoken or symbolic language. Courses fulfilling the requirement include oral communication, mathematics, logic, computer languages and programming, and related disciplines. The course will help the student achieve an understanding of the relationship between language and logic, developing an ability to communicate ideas, analyze and solve problems, and identify the assumptions upon which particular conclusions depend.

E. Ethnic Studies

Ethnic Studies is defined as “an interdisciplinary and comparative study of race, ethnicity, and culture in the United States, with specific emphasis on four historically defined racialized core groups. Courses fulfilling this requirement may include baccalaureate-level courses in the four autonomous disciplines within Ethnic Studies: Black Studies; African American Studies; Africana Studies; Native American Studies; Chicano/a/x; Latino/a/x Studies/La Raza Studies; and Asian American Studies. This course must satisfy the AB 1460 CSU Area F Ethnic Studies Requirement or IGETC Area 7 Ethnic Studies Core Competencies requirement (noting that courses for Cal[1]GETC Area 6 can be written with both CSU and UC Ethnic Studies Core Competencies in mind). A course meeting the CSU Ethnic Studies Core Competencies requirement will be considered to have met the UC Ethnic Studies Core Competencies requirement and vice versa (Cal-GETC Standards 2024, Section 9.6 Ethnic Studies), and shall be in alignment with Associate Degree Course Requirements Title 5, Section 55061.

Courses that are approved to fulfill this requirement shall meet a minimum of 3 of the 5 following core competencies: (CSU General

Education Breadth Requirements and Cal-GETC Standards 2023, Section 9.6 Ethnic Studies):

- Analyze and articulate concepts such as race and racism, racialization, ethnicity, equity, ethno-centrism, eurocentrism, white supremacy, self-determination, liberation, decolonization, sovereignty, imperialism, settler colonialism, and anti-racism as analyzed in any one or more of the following: Native American Studies, African American Studies, Asian American Studies, and Latina and Latino American Studies.
- Apply theory and knowledge produced by Native American, African American, Asian American, and/or Latina and Latino American communities to describe the critical events, histories, cultures, intellectual traditions, contributions, lived-experiences and social struggles of those groups with a particular emphasis on agency and group-affirmation.
- Critically analyze the intersection of race and racism as they relate to class, gender, sexuality, religion, spirituality, national origin, immigration status, ability, tribal citizenship, sovereignty, language, and/or age in Native American, African American, Asian American, and/or Latina and Latino American communities.
- Critically review how struggle, resistance, racial and social justice, solidarity, and liberation, as experienced and enacted by Native Americans, African Americans, Asian Americans and/or Latina and Latino Americans are relevant to current and structural issues such as communal, national, international, and transnational politics as, for example, in immigration, reparations, settler- colonialism, multiculturalism, language policies.
- Describe and actively engage with anti-racist and anti-colonial issues and the practices and movements in Native American, African American, Asian American and/or Latina and Latino communities and a just and equitable society.

Note: In addition to the GE areas, additional graduation requirements specific to NVC, must be fulfilled as defined in AP 4100.

Area A: Natural Science

Select one course (minimum 3 units) from the following;

Code	Title	Units
ANTH-120	Biological Anthropology	4
ASTR-110	Descriptive Astronomy	3
BIOL-103	Introduction to Nutrition	3
BIOL-105	Human Biology	4
BIOL-110	Survey of Biology	4
BIOL-112	Introduction to Ecology	3
BIOL-117	Wildlife Biology	3
BIOL-120	General Biology	4
BIOL-218	Human Anatomy	5
CHEM-110	Introduction to Chemistry	4
CHEM-111	Introduction to Organic & Biological Chemistry	4
CHEM-120	General Chemistry 1	5
EART-110	Earth Science	4
ENVS-115	Introduction to Environmental Science	3
GEOG-110	Physical Geography	3

GEOL-110	Physical Geology	3
HEOC-100	Basic Anatomy & Physiology	3
PHYS-110	Descriptive Physics	3
PHYS-120	General Physics 1	4
PHYS-140	Physics for Scientists & Engineers 1	4

Area B: Social and Behavioral Science

Select one course (minimum 3 units) from the following;

Code	Title	Units
ADMJ-121	Introduction to Criminal Law	3
ADMJ-122	Introduction to Criminal Procedures	3
ADMJ-125	Introduction to Evidence	3
ANTH-121	Introduction to Cultural Anthropology	3
ANTH-122	Magic, Witchcraft, and Religion	3
ANTH-130	Introduction to Archaeology	3
ANTH-131	Mesoamerican Archaeology	3
ANTH-145	Medical Anthropology	3
ANTH-150	Anthropology of Sex, Gender and Sexuality	3
ANTH-180	The Anthropology of Childhood	3
ANTH-200	Linguistic Anthropology	3
CFS-120	Child Development	3
CFS-140	The Child, Family and Community	3
CFS-180	The Anthropology of Childhood	3
COMM-126	Intercultural Communication	3
ECON-100	Principles of Macroeconomics	3
ECON-101	Principles of Microeconomics	3
ECON-120	Economic History of the U.S.	3
ENGI-110	Introduction to Engineering	3
GEOG-101	World Regional Geography	3
HIST-120	United States History 1 ¹	3
HIST-121	United States History 2 ¹	3
HIST-122	World History 1	3
HIST-123	World History 2	3
HIST-140	History of Modern Latin America	3
HIST-142	History of Mexico	3
HIST-145	California History	3
HIST-150	History of American Women 1600-1900 ¹	3
HIST-152	History of American Women Since 1900 ¹	3
HIST-165	African American History	3
HUMA-166	Environmental Justice and the Humanities	3
HSRV-120	Introduction to Human Services	3
LGBT-120	Introduction to LGBT Studies in the Family, Education and Community	3
LGBT-121	LGBT Communities, Family & Education in the 21st Century	3
POLI-120	Introduction to the Principles Of American Government ¹	3
POLI-125	Introduction to Modern Political Ideology	3
POLI-135	Comparative Government	3
POLI-140	International Relations	3
PSYC-120	General Psychology	3
PSYC-123	Social Psychology	3

PSYC-124	Psychology of Adjustment	3	ETHS-112	African American Studies	3
PSYC-125	Human Development	3	ETHS-113	Chicanx Studies Chicanx Studies	3
PSYC-126	Abnormal Psychology	3	ETHS-114	Women's Ethnic Heritage in the United States	3
PSYC-128	Cross-Cultural Psychology	3	ETHS-115	Critical Mixed Race Studies	3
PSYC-135	Human Sexuality	3	ETHS-160	Critical Asian Pacific Islander American Studies: Filipina/X/O Experience in the United States	3
PSYC-220	Research Methods in Psychology	3	ETHS-161	Asian Pacific Islander American Studies	3
SOCI-120	Introduction to Sociology	3	FILM-100	Survey and Appreciation of Film	3
SOCI-122	Social Problems	3	FILM-101	Introduction to Film Production	3
SOCI-130	Introduction to Queer Studies	3	FILM-102	Survey of Film and Media	3
SOCI-140	Sociology of Sex and Gender	3	FILM-105	Film History: 1895-1949	3
SOCI-150	Sociology of Race & Ethnicity	3	FILM-110	Culture and Gender in Film	3
SOCI-190	Introduction to Social Research	3	FILM-115	World Cinema	3
			FILM-120	Horror Film	3
			FILM-121	Film Comedy	3
			FILM-125A	Film Genres: Film Noir	3
			FILM-125B	Film Genres: Western	3
			FILM-125C	Film Genres: Drama	3
			FILM-125D	Film Genres: Musical	3
			FREN-120	First Semester French	5
			FREN-121	Second Semester French	5
			HIST-122	World History 1	3
			HIST-123	World History 2	3
			HUMA-125	Introduction to Latin American Studies	3
			HUMA-151	Global Women's Ethnic Heritage	3
			HUMA-174	Culture and Gender in Theater	3
			ITAL-120	First Semester Italian	5
			ITAL-121	Second Semester Italian	5
			MUSI-110	Fundamentals of Music	3
			MUSI-112	Survey & Appreciation of Music	3
			MUSI-113	Music In American Culture	3
			MUSI-114	Survey & History of Jazz	3
			MUSI-121	Music Theory I	3
			MUSI-122	Music Theory II	3
			PHIL-120	Introduction to Philosophy 1	3
			PHIL-121	Introduction to Philosophy 2	3
			PHIL-125	Introduction to Ethics	3
			PHIL-127	Feminist Philosophy	3
			PHIL-128	Social and Political Philosophy	3
			PHIL-129	Introduction to Epistemology and Metaphysics	3
			PHIL-131	Introduction to Logic and Critical Thinking	3
			PHIL-133	World Philosophy	3
			PHIL-134	Philosophy of Religion	3
			PHIL-137	Comparative Religions	3
			PHOT-120	Foundations of Photography	3
			PHOT-180	History of Photography	3
			SPAN-111	Elementary Spanish I (Part B)	3
			SPAN-120	Elementary Spanish I	5
			SPAN-121	Elementary Spanish II	5
			SPAN-240	Intermediate Spanish I	5

¹ A.A. Degree only: courses chosen to satisfy the History and Institutions requirement cannot be used to satisfy Area B.

Area C: Humanities

Select one course (minimum 3 units) from the following;

Code	Title	Units
ASL-120	First Semester American Sign Language	5
ASL-121	Second-Semester American Sign Language	5
ANTH-150	Anthropology of Sex, Gender and Sexuality	3
ARTH-101	Introduction to Visual Culture	3
ARTH-105	History of Western Art: Prehistoric Through Medieval	3
ARTH-106	History of Western Art: Renaissance to Contemporary	3
ARTH-118	Survey of Modern Art	3
ARTH-130	History of Asian Art	3
ARTH-145	Art of the Ancient Americas	3
ARTH-180	History of Photography	3
ARTS-100	Survey of Studio Arts	3
CFS-145	Language Development & Early Literacy	3
DANS-160	Dance Appreciation	3
DANS-170	Dance History	3
DART-101	Graphic Design Foundations	3
DART-120	Introduction to Digital Art	3
ENGL-121	Advanced Composition and Literary Analysis	3
ENGL-123	Advanced Composition and Critical Thinking About Literature	4
ENGL-213	Survey of British Literature 1	3
ENGL-214	Survey British Literature 2	3
ENGL-215	Survey of American Literature 1	3
ENGL-216	Survey of American Literature 2	3
ENGL-220	Shakespeare: Introduction	3
ENGL-224	Survey of Native American Literature	3
ENGL-226	Survey of African American Literature	3
ENGL-228	Chicano and Latinx Literature	3
ENGL-231	Literature and Sexuality	3
ETHS-100	Ethnic Studies 1	3
ETHS-101	Ethnic Studies 2	3
ETHS-111	Native American Studies	3

SPAN-241	Intermediate Spanish II	5
SPAN-270	Introduction to Hispanic Cultures	3
SPAN-280	Spanish for Heritage Speakers I	5
SPAN-281	Spanish for Heritage Speakers II	5
SPAN-282	Introduction to Hispanic Literature	3
THEA-100	Introduction to Theater	3
THEA-174	Culture and Gender in Theater	3

Area D: Language and Rationality

Complete three courses with a grade of "C" or better, one each from D1, D2, and D3 (minimum of 9 units) from the following;

Code	Title	Units
Area D1: English Composition ¹		
ENGL-120	College Composition and Research	4
ENGL-120B	Reading and Composition Stretch 2	3
Area D2: Mathematics ²		
MATH-106	College Algebra	4
MATH-108	Trigonometry	3
MATH-115	Applied Calculus	5
MATH-120	Calculus I	5
MATH-121	Calculus II	5
MATH-130	Mathematical Concepts for Elementary School Teachers-Number Systems	3
MATH-220	Linear Algebra	3
MATH-221	Multivariable Calculus	5
MATH-222	Differential Equations	3
MATH-232	Statistics	3
MATH-235	Finite Mathematics	3
TECH-107	Technical Mathematics II	3
Area D3: Communication and Analytical Thinking		
ADMJ-123	Introduction to Community Policing	3
ADMJ-124	Introduction to Investigation	3
ASL-120	First Semester American Sign Language	5
ANTH-150	Anthropology of Sex, Gender and Sexuality	3
ANTH-200	Linguistic Anthropology	3
BIOL-103	Introduction to Nutrition	3
BIOL-110	Survey of Biology	4
BIOL-112	Introduction to Ecology	3
BIOL-120	General Biology	4
BIOL-219	Human Physiology	5
BIOL-220	General Microbiology	5
BIOL-240	General Zoology	5
BIOL-241	General Botany	5
BUSI-103	Legal Environment of Business	3
BUSI-297	Personal Money Management	3
CHEM-110	Introduction to Chemistry	4
CHEM-111	Introduction to Organic & Biological Chemistry	4
CHEM-120	General Chemistry 1	5
CHEM-121	General Chemistry 2	5
CFS-123	Observation & Assessment	4
CFS-135	The Cognitive Development of Young Children	3

CFS-140	The Child, Family and Community	3
CFS-155	Sensitive Issues in Early Childhood	3
COMM-120	Interpersonal Communication	3
COMM-122	Public Speaking	3
COMM-124	Career Communication	3
COMM-126	Intercultural Communication	3
COMM-128	Critical Thinking: Argumentation and Debate	3
COUN-100	College Success	3
EART-110	Earth Science	4
ECON-100	Principles of Macroeconomics	3
ECON-101	Principles of Microeconomics	3
ENGL-121	Advanced Composition and Literary Analysis	3
ENGL-123	Advanced Composition and Critical Thinking About Literature	4
ENGL-125	Advanced Composition & Critical Thinking	3
ENGL-200	Introduction to Creative Writing 1	3
ENGL-201	Introduction to Creative Writing 2	3
ENGL-202	Introduction to Creative Writing 3	3
ENGL-213	Survey of British Literature 1	3
ENGL-214	Survey British Literature 2	3
ENGL-215	Survey of American Literature 1	3
ENGL-216	Survey of American Literature 2	3
ENGL-220	Shakespeare: Introduction	3
ESL-106	Oral Communication 3	4
ETHS-100	Ethnic Studies 1	3
ETHS-101	Ethnic Studies 2	3
FILM-110	Culture and Gender in Film	3
HEOC-101	Pharmacology	3
HUMA-125	Introduction to Latin American Studies	3
LIBR-100	Becoming a Skilled Researcher ³	1
MATH-106	College Algebra	4
MATH-108	Trigonometry	3
MATH-115	Applied Calculus	5
MATH-120	Calculus I	5
MATH-121	Calculus II	5
MATH-220	Linear Algebra	3
MATH-221	Multivariable Calculus	5
MATH-222	Differential Equations	3
MATH-232	Statistics	3
MATH-235	Finite Mathematics	3
PHIL-120	Introduction to Philosophy 1	3
PHIL-121	Introduction to Philosophy 2	3
PHIL-125	Introduction to Ethics	3
PHIL-126	Contemporary American Ethics	3
PHIL-131	Introduction to Logic and Critical Thinking	3
PHYS-110	Descriptive Physics	3
PHYS-120	General Physics 1	4
PHYS-121	General Physics 2	4
PHYS-140	Physics for Scientists & Engineers 1	4
PHYS-240	Physics for Scientists & Engineers 2	4
POLI-125	Introduction to Modern Political Ideology	3

POLI-135	Comparative Government	3
POLI-140	International Relations	3
PSYC-124	Psychology of Adjustment	3
PSYC-135	Human Sexuality	3
PSYC-220	Research Methods in Psychology	3
RESP-120	Respiratory Care Theory I	6
SOCI-122	Social Problems	3
SOCI-190	Introduction to Social Research	3
SPAN-240	Intermediate Spanish I	5
SPAN-241	Intermediate Spanish II	5
SPAN-280	Spanish for Heritage Speakers I	5
SPAN-281	Spanish for Heritage Speakers II	5
TECH-92	Technical Mathematics 1	3
TECH-107	Technical Mathematics II	3
THEA-110	Acting I	3
THEA-140	Technical Theatre in Production ³	3
THEA-210	Acting III	3
THEA-244	Acting IV	3

¹ Writing competency can be demonstrated through the completion of the English composition requirements under GE area D1 with a "C" or better.

² Math competency can be demonstrated through the completion of the Mathematics requirements under GE Area D2 with a grade of "C" or better.

³ Courses may be offered for less than 3 units, but students must complete 3 units to satisfy this requirement.

AREA E: ETHNIC STUDIES

Select one course, minimum 3 units. Effective Fall 2023, all courses that satisfy the Ethnic Studies graduation requirement also satisfy the Cultural Competency requirement and may double count for Area C.

Code	Title	Units
ETHS-100	Ethnic Studies 1	3
ETHS-101	Ethnic Studies 2	3
ETHS-111	Native American Studies	3
ETHS-112	African American Studies	3
ETHS-113	Chicanx Studies	3
ETHS-114	Women's Ethnic Heritage in the United States	3
ETHS-115	Critical Mixed Race Studies	3
ETHS-160	Critical Asian Pacific Islander American Studies: Filipina/X/O Experience in the United States	3
ETHS-161	Asian Pacific Islander American Studies	3

ADDITIONAL GRADUATION REQUIREMENTS

American History/Institutions Requirement (A.A. Degrees Only)

Select one course from Group 1 and one course from Group 2. Courses chosen to satisfy this requirement cannot be used to satisfy Area B. *Students who have already earned a Bachelor degree or higher from an accredited university are exempt from the American History/Institutions Requirements.*

Code	Title	Units
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Group 1: U.S. History

Select one course from the following;

HIST-120	United States History 1	3
HIST-121	United States History 2	3
HIST-150	History of American Women 1600-1900	3
HIST-152	History of American Women Since 1900	3
HIST-165	African American History	3

Code	Title	Units
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Group 2: Political Science

Select one course from the following;

POLI-120	Introduction to the Principles Of American Government	3
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Kinesiology/Health Requirement

Choice of 3 units of Kinesiology (<https://catalog.napavalley.edu/courses/kine/>) (KINE) and/or Dance (<https://catalog.napavalley.edu/courses/dans/>) (DANS) courses or complete HELH-106.

Exemptions:

1. *Students majoring in Health Occupations.*
2. *Veterans with six months service receive unit credit.*

CSU General Education

Effective Fall 2024 through Summer 2025

This is the last year the CSU General Education course list will be published. Students may elect to continue on this pattern if they started at a California Community College prior to fall 2025 otherwise they will be placed on a new Cal-GETC transfer GE pattern. If a course no longer appears on the current year's list, the student may still receive credit for the certified course, if it was approved at the time when the student took the course. The list of courses approved for the CSU General Education pattern is available online at ASSIST.org (<https://assist.org>).

Students are strongly advised to consult with their NVC Counselor for specific transfer and admissions requirements. More information can be obtained from the NVC Counseling Center (<https://www.napavalley.edu/student-services-and-resources/general-counseling/>) or the Transfer Center (<https://www.napavalley.edu/student-services-and-resources/transfer-center/>) to obtain additional information regarding CSU and UC campus specific transfer general education course qualifications.

Napa Valley College students may complete all of their lower division CSU-GE requirements for the BA/BS Degree prior to transferring to any of the 23 California State Universities. The General Education Requirements for the California State University (CSU) system specifies courses within subject areas which will satisfy the 39 lower division GE requirements for any campus. Completion of CSU GE is *not required* before transfer but it is *highly recommended* for most students. Completion of at least 30 of the 39 lower division GE and Areas A1, A2, A3, and B4 requirements is necessary to transfer to a CSU with upper division standing. To be eligible for admission, students must also have a total of 60 CSU transferable units with a minimum cumulative GPA of 2.0.

For some students in *high unit majors* such as sciences and engineering, completing the pre-major course requirements will be a priority over completing GE requirements. Napa Valley College courses with a number

designation of 100 through 299 are transferable to all CSU campuses, but only a select group of these courses qualify for CSU GE.

Students pursuing an AS-T or AA-T degree must complete the entire CSU-GE pattern by meeting all requirements in the five GE Areas A through E. The U.S. History, Constitution and American Ideals is not required but highly recommended.

By completing the pattern of CSU General Education (GE) requirements, the student will be eligible for:

1. **Certificate of Achievement in CSU General Education:** Students must meet with a Counselor to complete this petition prior to the deadline. Completion of this local NVC Certificate of Achievement will be noted on the final transcript and allows students to participate in the annual graduation ceremony.
2. **Certification of CSU General Education Breadth**
Requirements: Students must request full or partial CSU-GE certification when requesting final transcripts to be sent from NVC to the CSU transfer school. The transcript requests can be made online or at the Napa Valley College Admissions and Records office. Students may qualify for either full certification or partial subject-area certification.
 - a. **Full CSU-GE Certification:** All requirements must be completed in all five CSU-GE Areas A through E. Obtaining full certification means a student will not have to complete additional lower division GE requirements that may be required at that CSU school. *The U.S. History, Constitution and American Ideals* is **not** a part of CSU-GE Certification, however the courses that comprise this requirement can be double-counted in Area D. Please consult a Counselor for details.
 - b. **Partial CSU-GE Certification:** Partial CSU-GE Certification is granted when all courses in one or more subject areas of CSU-GE have been completed. A student who transfers to a CSU with partial GE Certification will not have to complete GE requirements in that same GE Area upon transfer. If a student has not fully completed the requirements of an area, that area may not be certified.

Courses taken at CSU campuses or other California Community Colleges will be applied to the subject areas in which they were listed by the school where the course was taken via the Pass Along process. All CSU campuses allow applicants who submit full or partial certifications to double count courses for general education and major requirements, but most campuses have limitations. Consult a Counselor for details.

Courses may be listed in more than one area, but shall not be counted in more than one area. A grade of "C-" or higher is required for courses in Areas A1, A2, A3, and B4. Information on this form is subject to change, please check with the Counseling Office for details.

Information on this form is subject to change, check with the Counseling Office and ASSIST.org (<https://assist.org>) for current information.

Area A: English Language Communication and Critical Thinking

Select one course each (9 units minimum) from A1, A2, and A3 with a minimum grade of "C-"

Code	Title	Units
A1: Oral Communication (3 units minimum)		
Grade of "C-" or better is required.		

COMM-120	Interpersonal Communication	3
COMM-122	Public Speaking	3
COMM-124	Career Communication	3
COMM-126	Intercultural Communication	3
COMM-128	Critical Thinking: Argumentation and Debate	3
COMM-130	Small Group Communication	3

A2: Written Communication (3 units minimum)

Grade of "C-" or better is required.		
ENGL-120	College Composition and Research	4
ENGL-120B	Reading and Composition Stretch 2	3

A3: Critical Thinking (3 units minimum)

Grade of "C-" or better is required.		
COMM-128	Critical Thinking: Argumentation and Debate	3
ENGL-123	Advanced Composition and Critical Thinking About Literature	4
ENGL-125	Advanced Composition & Critical Thinking	3
PHIL-120	Introduction to Philosophy 1	3
PHIL-121	Introduction to Philosophy 2	3
PHIL-126	Contemporary American Ethics	3
PHIL-131	Introduction to Logic and Critical Thinking	3

Area B: Scientific Inquiry and Quantitative Reasoning

Select one course from Area B1 and one from Area B2, with at least one approved laboratory course from either area (to satisfy Area B3). In addition, select one Mathematics course from Area B4. (9 units minimum)

Code	Title	Units
B1: Physical Sciences (3 units minimum)		
ASTR-110	Descriptive Astronomy	3
CHEM-110	Introduction to Chemistry (Satisfies Laboratory Course Requirement)	4
CHEM-111	Introduction to Organic & Biological Chemistry (Satisfies Laboratory Course Requirement)	4
CHEM-120	General Chemistry 1 (Satisfies Laboratory Course Requirement)	5
CHEM-121	General Chemistry 2 (Satisfies Laboratory Course Requirement)	5
CHEM-240	Organic Chemistry 1 (Satisfies Laboratory Course Requirement)	5
CHEM-241	Organic Chemistry 2 (Satisfies Laboratory Course Requirement)	5
EART-110	Earth Science (Satisfies Laboratory Course Requirement)	4
GEOG-110	Physical Geography	3
GEOL-110	Physical Geology	3
GEOL-111	Physical Geology Laboratory (Satisfies Laboratory Course Requirement)	1
PHYS-110	Descriptive Physics	3
PHYS-111	Descriptive Physics Laboratory (Satisfies Laboratory Course Requirement)	1
PHYS-120	General Physics 1 (Satisfies Laboratory Course Requirement)	4

PHYS-121	General Physics 2 (Satisfies Laboratory Course Requirement)	4
PHYS-140	Physics for Scientists & Engineers 1 (Satisfies Laboratory Course Requirement)	4
PHYS-240	Physics for Scientists & Engineers 2 (Satisfies Laboratory Course Requirement)	4
PHYS-241	Physics for Scientists & Engineers 3 (Satisfies Laboratory Course Requirement)	4

B2: Life Sciences (3 units minimum)

ANTH-120	Biological Anthropology (Satisfies Laboratory Course Requirement)	4
BIOL-105	Human Biology (Satisfies Laboratory Course Requirement)	4
BIOL-110	Survey of Biology (Satisfies Laboratory Course Requirement)	4
BIOL-112	Introduction to Ecology	3
BIOL-117	Wildlife Biology	3
BIOL-120	General Biology (Satisfies Laboratory Course Requirement)	4
BIOL-218	Human Anatomy (Satisfies Laboratory Course Requirement)	5
BIOL-219	Human Physiology (Satisfies Laboratory Course Requirement)	5
BIOL-220	General Microbiology (Satisfies Laboratory Course Requirement)	5
BIOL-240	General Zoology (Satisfies Laboratory Course Requirement)	5
BIOL-241	General Botany (Satisfies Laboratory Course Requirement)	5

B3: Laboratory Science Requirement

Any course from B1 or B2 that lists the Laboratory Requirement in parenthesis will complete the requirement for B3.

B4: Mathematics/Quantitative Reasoning (3 units minimum)

Grade of "C-" or higher is required.

MATH-106	College Algebra	4
MATH-108	Trigonometry	3
MATH-115	Applied Calculus	5
MATH-120	Calculus I	5
MATH-121	Calculus II	5
MATH-130	Mathematical Concepts for Elementary School Teachers-Number Systems	3
MATH-220	Linear Algebra	3
MATH-221	Multivariable Calculus	5
MATH-222	Differential Equations	3
MATH-232	Statistics	3
MATH-235	Finite Mathematics	3
SOCI-190	Introduction to Social Research	3
TECH-107	Technical Mathematics II	3

Area C: Arts and Humanities

Select three courses (9 units minimum), with at least one course from Area C1 and at least one course from Area C2. The remaining course may be selected from either Area C1 or Area C2.

Code	Title	Units
C1: Arts, Cinema, Dance, Music, Theater (3 units minimum)		
ARTS-100	Survey of Studio Arts	3
ARTS-101	2D Foundations	3
ARTS-102	3D Foundations	3
ARTH-101	Introduction to Visual Culture	3
ARTH-105	History of Western Art: Prehistoric Through Medieval	3
ARTH-106	History of Western Art: Renaissance to Contemporary	3
ARTH-110	History of Graphic Design	3
ARTH-118	Survey of Modern Art	3
ARTH-130	History of Asian Art	3
ARTH-145	Art of the Ancient Americas	3
ARTH-180	History of Photography	3
CFS-196	Music and Movement in Early Childhood	3
DANS-160	Dance Appreciation	3
DANS-170	Dance History	3
FILM-100	Survey and Appreciation of Film	3
FILM-102	Survey of Film and Media	3
FILM-110	Culture and Gender in Film	3
FILM-117	Director's Cinema	3
FILM-120	Horror Film	3
FILM-121	Film Comedy	3
FILM-125A	Film Genres: Film Noir	3
FILM-125B	Film Genres: Western	3
FILM-125C	Film Genres: Drama	3
FILM-125D	Film Genres: Musical	3
HUMA-125	Introduction to Latin American Studies	3
HUMA-174	Culture and Gender in Theater	3
MUSI-110	Fundamentals of Music	3
MUSI-112	Survey & Appreciation of Music	3
MUSI-113	Music In American Culture	3
MUSI-114	Survey & History of Jazz	3
MUSI-121	Music Theory I	3
MUSI-122	Music Theory II	3
MUSI-196	Music & Movement in Early Childhood	3
PHOT-120	Foundations of Photography	3
PHOT-121	Beginning Darkroom Photography	3
PHOT-180	History of Photography	3
THEA-100	Introduction to Theater	3
THEA-115	Acting Shakespeare	3
THEA-120	History of Theater	3
THEA-141	Stagecraft	3
THEA-142	Introduction to Stage Costume	3
THEA-174	Culture and Gender in Theater	3
C2: Humanities: Literature, Philosophy, Languages Other Than English (3 units minimum)		
ASL-120	First Semester American Sign Language	5
ASL-121	Second-Semester American Sign Language	5
CFS-145	Language Development & Early Literacy	3
ENGL-121	Advanced Composition and Literary Analysis	3

ENGL-123	Advanced Composition and Critical Thinking About Literature	4
ENGL-200	Introduction to Creative Writing 1	3
ENGL-201	Introduction to Creative Writing 2	3
ENGL-202	Introduction to Creative Writing 3	3
ENGL-213	Survey of British Literature 1	3
ENGL-214	Survey British Literature 2	3
ENGL-215	Survey of American Literature 1	3
ENGL-216	Survey of American Literature 2	3
ENGL-220	Shakespeare: Introduction	3
ENGL-224	Survey of Native American Literature	3
ENGL-226	Survey of African American Literature	3
ENGL-228	Chicano and Latinx Literature	3
ENGL-231	Literature and Sexuality	3
ETHS-100	Ethnic Studies 1	3
ETHS-101	Ethnic Studies 2	3
ETHS-111	Native American Studies	3
ETHS-112	African American Studies	3
ETHS-113	Chicanx Studies Chicanx Studies	3
ETHS-114	Women's Ethnic Heritage in the United States	3
ETHS-115	Critical Mixed Race Studies	3
ETHS-160	Critical Asian Pacific Islander American Studies: Filipina/X/O Experience in the United States	3
ETHS-161	Asian Pacific Islander American Studies	3
FILM-105	Film History: 1895-1949	3
FILM-106	Film History: 1950s to Present	3
FILM-115	World Cinema	3
FREN-120	First Semester French	5
FREN-121	Second Semester French	5
HIST-122	World History 1	3
HIST-123	World History 2	3
HIST-140	History of Modern Latin America	3
HUMA-125	Introduction to Latin American Studies	3
HUMA-151	Global Women's Ethnic Heritage	3
ITAL-120	First Semester Italian	5
ITAL-121	Second Semester Italian	5
PHIL-120	Introduction to Philosophy 1	3
PHIL-121	Introduction to Philosophy 2	3
PHIL-125	Introduction to Ethics	3
PHIL-126	Contemporary American Ethics	3
PHIL-127	Feminist Philosophy	3
PHIL-128	Social and Political Philosophy	3
PHIL-129	Introduction to Epistemology and Metaphysics	3
PHIL-133	World Philosophy	3
PHIL-134	Philosophy of Religion	3
PHIL-137	Comparative Religions	3
PHOT-181	Contemporary Issues in Photography	3
PHOT-182	Photography in a Multicultural United States	3
SPAN-120	Elementary Spanish I	5

or SPAN-110 & SPAN-111	Elementary Spanish I (Part A) and Elementary Spanish I (Part B)	
SPAN-121	Elementary Spanish II	5
SPAN-240	Intermediate Spanish I	5
SPAN-241	Intermediate Spanish II	5
SPAN-270	Introduction to Hispanic Cultures	3
SPAN-280	Spanish for Heritage Speakers I	5
SPAN-281	Spanish for Heritage Speakers II	5
SPAN-282	Introduction to Hispanic Literature	3
THEA-120	History of Theater	3

Area D: Social Sciences

(Two courses, 6 semester units, minimum) **Note: The requirements for this area were revised for 2021-2022. Students who begin their first college enrollment in Fall 2021 or later must now complete two courses, 6 semester units, for Area D and one course, 3 units, from the new Area F, Ethnic Studies. Students enrolled at a California Community College prior to Fall 2021 who maintain continuous enrollment must complete three courses, 9 semester units, from at least two disciplines to fulfill this requirement.²*

Code	Title	Units
ADMJ-120	Introduction to the Criminal Justice System	3
ADMJ-121	Introduction to Criminal Law	3
ANTH-121	Introduction to Cultural Anthropology	3
ANTH-122	Magic, Witchcraft, and Religion	3
ANTH-130	Introduction to Archaeology	3
ANTH-131	Mesoamerican Archaeology	3
ANTH-145	Medical Anthropology	3
ANTH-150	Anthropology of Sex, Gender and Sexuality	3
ANTH-180	The Anthropology of Childhood	3
ANTH-200	Linguistic Anthropology	3
CFS-120	Child Development	3
CFS-140	The Child, Family and Community	3
CFS-180	The Anthropology of Childhood	3
COMM-126	Intercultural Communication	3
ECON-100	Principles of Macroeconomics	3
ECON-101	Principles of Microeconomics	3
ECON-120	Economic History of the U.S.	3
ENGL-224	Survey of Native American Literature	3
ENGL-226	Survey of African American Literature	3
GEOG-101	World Regional Geography	3
HIST-120	United States History 1 ¹	3
HIST-121	United States History 2 ¹	3
HIST-122	World History 1	3
HIST-123	World History 2	3
HIST-140	History of Modern Latin America	3
HIST-142	History of Mexico	3
HIST-145	California History	3
HIST-150	History of American Women 1600-1900 ¹	3
HIST-152	History of American Women Since 1900 ¹	3
HIST-165	African American History	3
HUMA-166	Environmental Justice and the Humanities	3
LGBT-120	Introduction to LGBT Studies in the Family, Education and Community	3

LGBT-121	LGBT Communities, Family & Education in the 21st Century	3
PHIL-127	Feminist Philosophy	3
POLI-120	Introduction to the Principles Of American Government ¹	3
POLI-125	Introduction to Modern Political Ideology	3
POLI-135	Comparative Government	3
POLI-140	International Relations	3
POLI-145	International Political Economy	3
PSYC-120	General Psychology	3
PSYC-123	Social Psychology	3
PSYC-124	Psychology of Adjustment	3
PSYC-125	Human Development	3
PSYC-126	Abnormal Psychology	3
PSYC-128	Cross-Cultural Psychology	3
PSYC-135	Human Sexuality	3
PSYC-175	Theories of Personality	3
PSYC-220	Research Methods in Psychology	3
SOCI-120	Introduction to Sociology	3
SOCI-122	Social Problems	3
SOCI-130	Introduction to Queer Studies	3
SOCI-140	Sociology of Sex and Gender	3
SOCI-150	Sociology of Race & Ethnicity	3
SOCI-154	Sociology of Crime	3
SOCI-190	Introduction to Social Research	3

¹ May double-count for Area D and the CSU graduation requirements.

² Effective Fall 21-22, changes were made to the Area D: Social Sciences unit requirement. Students with rights to the 20-21 catalog or earlier will need to complete three courses (9 units minimum) with a maximum of two courses from the same discipline in Area D and are not required to complete 3 units from the new Area F: Ethnic Studies. Please see a counselor to verify which requirements apply to you.

Area E: Lifelong Learning and Self-Development

Select one course (3 units minimum)

Code	Title	Units
E: Integrated Physiological, Social, and Psychological Beings		
CFS-120	Child Development	3
COUN-100	College Success	3
COUN-104	Foundations of Well-being	3
HELH-106	Personal & Community Health	3
KINE-203	Introduction to Applied Sports Psychology	3
PSYC-120	General Psychology	3
PSYC-124	Psychology of Adjustment	3
PSYC-135	Human Sexuality	3
SOCI-122	Social Problems	3

Area F: Ethnic Studies

Select one course, 3 semester units minimum (New Requirement Effective Fall 2021)¹

CSU GE Breadth requirements were revised to include Area F – Ethnic Studies. This revision applies to students subject to the Fall 2021 and

subsequent catalog years. Any student enrolled at a California Community College prior to Fall 2021 who maintains continuous enrollment is not required to complete Area F.

Code	Title	Units
ETHS-100	Ethnic Studies 1	3
ETHS-101	Ethnic Studies 2	3
ETHS-111	Native American Studies	3
ETHS-112	African American Studies	3
ETHS-113	Chicanx Studies	3
ETHS-114	Women's Ethnic Heritage in the United States	3
ETHS-115	Critical Mixed Race Studies	3
ETHS-160	Critical Asian Pacific Islander American Studies: Filipina/X/O Experience in the United States	3
ETHS-161	Asian Pacific Islander American Studies	3

US History, Constitution, and American Ideals (Optional for CSU transfers)

This is not an admission requirement. CSU graduation requires completion of the US History, Constitution, and American Ideals Requirement.

Select one course from Group 1 and one course from Group 2. These courses can double-count for Area D.

Code	Title	Units
Group 1: History		
HIST-120	United States History 1	3
HIST-121	United States History 2	3
HIST-150	History of American Women 1600-1900	3
HIST-152	History of American Women Since 1900	3
HIST-165	African American History	3
Group 2: Political Science		
POLI-120	Introduction to the Principles Of American Government	3

IGETC General Education

Effective Fall 2024 through Summer 2025

This is the last year the IGETC course list will be published. Students may elect to continue on this pattern if they started at a California Community College prior to fall 2025 otherwise they will be placed on a new Cal-GETC transfer GE pattern. The list of courses approved for the IGETC pattern is available online at ASSIST.org (<https://assist.org/>).

The Intersegmental General Education Transfer Curriculum (IGETC) will permit students to transfer from Napa Valley College to a campus in either the California State University (CSU) or the University of California (UC) system without the need, after transfer, to take additional lower division, general education courses to satisfy general education requirements. Students may be held to other graduation requirements of the transfer campus. Although IGETC is not an entrance requirement, students are advised to complete this pattern prior to transfer unless they are enrolled in high-unit majors. Before you start working on general education courses, check what is recommended for your major and the campuses you're interested in.

The IGETC is not advisable for all transfer students and some campuses may not accept IGETC. If you are pursuing a major that requires extensive

lower-division preparation you may be better served by taking courses which fulfill the CSU General Education-Breadth requirements or those of the UC campus or college to which you plan to transfer. Majors include, but are NOT LIMITED to: Engineering, Business, Pre-professional programs.

Courses may be listed in more than one area, but shall not be used to satisfy more than one IGETC area.

A grade of "C" or higher is required for all courses on IGETC (or "P" Pass). Some courses must be taken for letter grades of "C" or higher. Check with a Counselor for limitations.

A student, following the IGETC pattern, is expected to complete all of the requirements (a total of 39-42 semester units) before transferring to a UC or CSU campus. Students pursuing an AS-T or AA-T degree must complete the entire IGETC pattern for either CSU (37 units minimum) or UC (34 units minimum). Partial IGETC Certification is available if a student is unable to complete one or two IGETC courses. Students should consult with the Counseling or Transfer Center for details regarding this option.

Restrictions: Student who have been registered at a UC campus may not be eligible for IGETC. This restriction does not apply to students who have taken only UC summer session or Extension classes. Consult a Counselor for details.

By following the pattern of IGETC requirements, you will be eligible for:

- 1. Certificate of Achievement in IGETC (for CSU or UC):** All requirements must be completed in either the CSU or UC option. Students must meet with a Counselor to complete this petition before the 9th week of the semester. Completion of this local NVC Certificate of Achievement will be noted on the final transcript and allows you to participate in the annual graduation ceremony.
- 2. Certification of IGETC (for CSU or UC) Requirements:** Students must request IGETC certification when requesting final transcripts to be sent from NVC to the CSU or UC transfer school. The transcript requests can be made online or at the Napa Valley College Admissions and Records office. Students may qualify for either full certification or partial certification.
 - **Full Certification:** All requirements must be completed using either the CSU or UC option. Obtaining full certification means you will not have to complete additional lower division GE requirements that may be required at the CSU or UC campus. The U.S. History, Constitution and American Ideals is not a part of IGETC Certification, however the courses that comprise this requirement can be used to satisfy subject Area 4.
 - **CSU transfers:** Students must complete the requirement in Oral Communications (Area 1C). Students do not need to complete a Foreign Language requirement for the Certification process. Some CSU campuses and/or majors may have additional language or course requirements for graduation from the CSU.
 - **UC transfers:** Students must complete the Foreign Language requirement. If you completed this requirement in high school or at another college, you will need to provide an official transcript from that institution. UC campuses may have additional graduation requirements – consult a Counselor for more information.
 - **Partial Certification:** Completion of all but two (2) courses on the IGETC pattern. Consult with a counselor for details regarding this option.

Information on this form is subject to change, check with the Counseling Office and ASSIST.org (<https://assist.org>) for current information.

Area 1: English Communication

CSU: Three courses required, one each from 1A, 1B, and 1C.

UC: Two courses required, one each from 1A and 1B.

Code	Title	Units
1A: English Composition		
(One course: 3 semester or 4-5 quarter units)		
ENGL-120	College Composition and Research	4
ENGL-120B	Reading and Composition Stretch 2	3
1B: Critical Thinking-English Composition		
(One course: 3 semester or 4-5 quarter units)		
ENGL-123	Advanced Composition and Critical Thinking About Literature	4
ENGL-125	Advanced Composition & Critical Thinking	3
1C: Oral Communication (CSU only)		
(One course: 3 semester or 4-5 quarter units)		
COMM-122	Public Speaking	3
COMM-126	Intercultural Communication	3
COMM-128	Critical Thinking: Argumentation and Debate	3
COMM-130	Small Group Communication	3

Area 2: Mathematical Concepts and Quantitative Reasoning

Code	Title	Units
(One course: 3 semester or 4-5 quarter units)		
MATH-106	College Algebra ¹	4
MATH-115	Applied Calculus ¹	5
MATH-120	Calculus I ¹	5
MATH-121	Calculus II	5
MATH-220	Linear Algebra	3
MATH-221	Multivariable Calculus	5
MATH-222	Differential Equations	3
MATH-232	Statistics	3
MATH-235	Finite Mathematics	3

¹ Transfer credit may be limited by UC or CSU or both. Check with a Counselor and assist.org (<https://assist.org>) for limitations.

Area 3: Arts and Humanities

Select three courses, with at least one course from 3A and one course from 3B. The remaining course may be selected from either Area 3A or 3B, for a total of at least 9 units.

(Three courses: 9 semester or 12-15 quarter units)

Code	Title	Units
3A: Arts		
ARTS-100	Survey of Studio Arts	3
ARTH-101	Introduction to Visual Culture	3

ARTH-105	History of Western Art: Prehistoric Through Medieval	3	ENGL-226	Survey of African American Literature	3
ARTH-106	History of Western Art: Renaissance to Contemporary	3	ENGL-228	Chicano and Latinx Literature	3
ARTH-110	History of Graphic Design	3	ENGL-231	Literature and Sexuality	3
ARTH-118	Survey of Modern Art	3	FILM-105	Film History: 1895-1949	3
ARTH-130	History of Asian Art	3	FILM-106	Film History: 1950s to Present	3
ARTH-145	Art of the Ancient Americas	3	FILM-115	World Cinema	3
ARTH-180	History of Photography	3	HIST-122	World History 1	3
DANS-160	Dance Appreciation	3	HIST-123	World History 2	3
DANS-170	Dance History	3	HIST-140	History of Modern Latin America	3
FILM-100	Survey and Appreciation of Film	3	HUMA-125	Introduction to Latin American Studies	3
FILM-110	Culture and Gender in Film	3	HUMA-151	Global Women's Ethnic Heritage	3
FILM-120	Horror Film	3	PHIL-120	Introduction to Philosophy 1	3
FILM-121	Film Comedy	3	PHIL-121	Introduction to Philosophy 2	3
FILM-125A	Film Genres: Film Noir	3	PHIL-125	Introduction to Ethics	3
FILM-125B	Film Genres: Western	3	PHIL-126	Contemporary American Ethics	3
FILM-125C	Film Genres: Drama	3	PHIL-127	Feminist Philosophy	3
FILM-125D	Film Genres: Musical	3	PHIL-128	Social and Political Philosophy	3
HUMA-174	Culture and Gender in Theater	3	PHIL-129	Introduction to Epistemology and Metaphysics	3
MUSI-110	Fundamentals of Music	3	PHIL-133	World Philosophy	3
MUSI-112	Survey & Appreciation of Music	3	PHIL-134	Philosophy of Religion	3
MUSI-113	Music In American Culture	3	PHIL-137	Comparative Religions	3
MUSI-114	Survey & History of Jazz	3	PHOT-181	Contemporary Issues in Photography	3
MUSI-121	Music Theory I	3	PHOT-182	Photography in a Multicultural United States	3
MUSI-122	Music Theory II	3	SPAN-121	Elementary Spanish II	5
PHOT-180	History of Photography	3	SPAN-240	Intermediate Spanish I ¹	5
THEA-100	Introduction to Theater	3	SPAN-241	Intermediate Spanish II ¹	5
THEA-174	Culture and Gender in Theater	3	SPAN-270	Introduction to Hispanic Cultures	3
3B: Humanities					
ASL-121	Second-Semester American Sign Language	5	SPAN-280	Spanish for Heritage Speakers I ¹	5
ETHS-100	Ethnic Studies 1	3	SPAN-281	Spanish for Heritage Speakers II ¹	5
ETHS-101	Ethnic Studies 2	3	SPAN-282	Introduction to Hispanic Literature	3
ETHS-111	Native American Studies	3	THEA-120	History of Theater	3
ETHS-112	African American Studies	3	¹ Transfer credit may be limited by UC or CSU or both. Check with a Counselor and assist.org (https://assist.org) for limitations.		
ETHS-113	Chicanx Studies	3	Area 4: Social Sciences		
ETHS-114	Women's Ethnic Heritage in the United States	3	Select two courses from two academic disciplines from the following: (Two courses: 6 semester or 9-12 quarter units)		
ETHS-115	Critical Mixed Race Studies	3	Code	Title	Units
ETHS-160	Critical Asian Pacific Islander American Studies: Filipina/X/O Experience in the United States	3	ANTH-121	Introduction to Cultural Anthropology	3
ETHS-161	Asian Pacific Islander American Studies	3	ANTH-122	Magic, Witchcraft, and Religion	3
ENGL-121	Advanced Composition and Literary Analysis	3	ANTH-130	Introduction to Archaeology	3
ENGL-123	Advanced Composition and Critical Thinking About Literature	4	ANTH-131	Mesoamerican Archaeology	3
ENGL-213	Survey of British Literature 1	3	ANTH-150	Anthropology of Sex, Gender and Sexuality	3
ENGL-214	Survey British Literature 2	3	ANTH-180	The Anthropology of Childhood	3
ENGL-215	Survey of American Literature 1	3	ANTH-200	Linguistic Anthropology	3
ENGL-216	Survey of American Literature 2	3	CFS-120	Child Development ¹	3
ENGL-220	Shakespeare: Introduction	3	CFS-140	The Child, Family and Community ¹	3
ENGL-224	Survey of Native American Literature	3	CFS-180	The Anthropology of Childhood	3
			COMM-126	Intercultural Communication	3

ECON-100	Principles of Macroeconomics	3
ECON-101	Principles of Microeconomics	3
ECON-120	Economic History of the U.S.	3
ENGL-224	Survey of Native American Literature	3
ENGL-226	Survey of African American Literature	3
GEOG-101	World Regional Geography	3
HIST-120	United States History 1 ^{1,2}	3
HIST-121	United States History 2 ^{1,2}	3
HIST-122	World History 1	3
HIST-123	World History 2	3
HIST-140	History of Modern Latin America	3
HIST-142	History of Mexico	3
HIST-145	California History	3
HIST-150	History of American Women 1600-1900 ²	3
HIST-152	History of American Women Since 1900 ²	3
HIST-165	African American History	3
HUMA-166	Environmental Justice and the Humanities	3
LGBT-120	Introduction to LGBT Studies in the Family, Education and Community	3
LGBT-121	LGBT Communities, Family & Education in the 21st Century	3
PHIL-127	Feminist Philosophy	3
POLI-120	Introduction to the Principles Of American Government ^{1,2}	3
POLI-125	Introduction to Modern Political Ideology	3
POLI-135	Comparative Government	3
POLI-140	International Relations	3
POLI-145	International Political Economy	3
PSYC-120	General Psychology	3
PSYC-123	Social Psychology	3
PSYC-124	Psychology of Adjustment	3
PSYC-125	Human Development	3
PSYC-126	Abnormal Psychology	3
PSYC-128	Cross-Cultural Psychology	3
PSYC-135	Human Sexuality	3
PSYC-175	Theories of Personality	3
PSYC-220	Research Methods in Psychology	3
SOCI-120	Introduction to Sociology	3
SOCI-122	Social Problems	3
SOCI-130	Introduction to Queer Studies	3
SOCI-140	Sociology of Sex and Gender	3
SOCI-150	Sociology of Race & Ethnicity	3
SOCI-154	Sociology of Crime	3
SOCI-190	Introduction to Social Research	3

¹ Transfer credit may be limited by UC or CSU or both. Check with a Counselor for limitations.

² May double count for Area 4 and the CSU graduation requirements in *US History, Constitution and American Ideals*.

Area 5: Physical and Biological Sciences

Select two courses, one each from 5A, and 5B. One of the two courses must include an approved laboratory course.

(2 courses: 7-9 semester or 9-12 quarter units)

Code	Title	Units
5A: Physical Sciences		
ASTR-110	Descriptive Astronomy	3
CHEM-110	Introduction to Chemistry (Satisfies Laboratory Requirement)	4
CHEM-111	Introduction to Organic & Biological Chemistry	4
CHEM-120	General Chemistry 1 (Satisfies Laboratory Requirement)	5
CHEM-121	General Chemistry 2 (Satisfies Laboratory Requirement)	5
CHEM-240	Organic Chemistry 1 (Satisfies Laboratory Requirement)	4
CHEM-241	Organic Chemistry 2 (Satisfies Laboratory Requirement)	4
EART-110	Earth Science (Satisfies Laboratory Requirement) ¹	4
GEOG-110	Physical Geography	3
GEOL-110	Physical Geology	3
GEOL-111	Physical Geology Laboratory (Satisfies Laboratory Requirement)	1
PHYS-110	Descriptive Physics ¹	3
PHYS-111	Descriptive Physics Laboratory (Satisfies Laboratory Requirement) ¹	1
PHYS-120	General Physics 1 (Satisfies Laboratory Requirement) ¹	4
PHYS-121	General Physics 2 (Satisfies Laboratory Requirement) ¹	4
PHYS-140	Physics for Scientists & Engineers 1 (Satisfies Laboratory Requirement) ¹	4
PHYS-240	Physics for Scientists & Engineers 2 (Satisfies Laboratory Requirement) ¹	4
PHYS-241	Physics for Scientists & Engineers 3 (Satisfies Laboratory Requirement) ¹	4
5B: Life Sciences		
ANTH-120	Biological Anthropology (Satisfies Laboratory Requirement) ¹	4
BIOL-105	Human Biology (Satisfies Laboratory Requirement) ¹	4
BIOL-110	Survey of Biology (Satisfies Laboratory Requirement) ¹	4
BIOL-112	Introduction to Ecology	3
BIOL-117	Wildlife Biology	3
BIOL-120	General Biology (Satisfies Laboratory Requirement) ¹	4
BIOL-218	Human Anatomy (Satisfies Laboratory Requirement)	5
BIOL-219	Human Physiology (Satisfies Laboratory Requirement)	5
BIOL-220	General Microbiology (Satisfies Laboratory Requirement)	5
BIOL-240	General Zoology (Satisfies Laboratory Requirement)	5

BIOL-241	General Botany (Satisfies Laboratory Requirement)	5	ETHS-160	Critical Asian Pacific Islander American Studies: Filipina/X/O Experience in the United States	3
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¹ Transfer credit may be limited by UC or CSU or both. Check with a Counselor for limitations.

Area 6: Language other than English (UC only)

Completion of the equivalent of 2 years of high school study in the same language (*at U.S. high school or high school in a country where the language of instruction is English*).

Code	Title	Units
NVC courses that meet this requirement		
ASL-120	First Semester American Sign Language	5
FREN-120	First Semester French	5
ITAL-120	First Semester Italian	5
SPAN-120	Elementary Spanish I	5-6
or SPAN-110 & SPAN-111	Elementary Spanish I (Part A) and Elementary Spanish I (Part B)	

Alternate ways to meet this requirement (*Official High School/College transcript and/or Exam Score must be on file for verification*)

- College course (must list course and college)
- High school course (must list course and college)
- Completion by examination (must list name of exam, score and date taken)
 - SAT II : Subject Test in Languages other than English
 - International Baccalaureate Higher Level Examination with a score of 5 or higher
 - Language other than English "O" level exam with a grade of A, B, or C
 - Language other than English International "A" level exam with a score of 5, 6, or 7
 - An achievement test administered by a community college, university or other college in a language other than English
- Two years of formal schooling at the sixth grade level or higher in an institution where the language of instruction is not English
- Faculty member verification of a student's competency

Area 7: Ethnic Studies

Select one course; 3 semester or 4-5 quarter units. Students who began taking courses at a CCC prior to Fall 2023 and maintain catalog rights may complete previous IGETC requirements.

Code	Title	Units
ETHS-100	Ethnic Studies 1	3
ETHS-101	Ethnic Studies 2	3
ETHS-111	Native American Studies	3
ETHS-112	African American Studies	3
ETHS-113	Chicanx Studies	3
ETHS-114	Women's Ethnic Heritage in the United States	3
ETHS-115	Critical Mixed Race Studies	3

ETHS-160	Critical Asian Pacific Islander American Studies: Filipina/X/O Experience in the United States	3
ETHS-161	Asian Pacific Islander American Studies	3

US History, Constitution, and American Ideals (CSU Only Graduation Requirement)

This is not an admission requirement for the CSU but must be completed as a graduation requirement for all CSU campuses.

(*Select one course from Group 1 and one course from Group 2. These courses may be double-counted for Area 4.*)

Code	Title	Units
Group 1: History		
HIST-120	United States History 1	3
HIST-121	United States History 2	3
HIST-150	History of American Women 1600-1900	3
HIST-152	History of American Women Since 1900	3
HIST-165	African American History	3
Group 2: Political Science		
POLI-120	Introduction to the Principles Of American Government	3